



The Health Insurance Portability and Accountability Act (HIPAA) **Privacy Rule** gives you the right to request how and where your healthcare provider communicates with you. We invite you to share your preferred place and manner of communication. You may change or update this information at any time, though it must be done in person. The information on this form will remain in effect for one year. You may revoke it at any time.

**Print Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**I prefer to be contacted in the following manner (check all that apply):**

☐ **Patient Portal:** MyChart

☐ **Phone Contact:** Use the following numbers to contact me:

Home  
Phone: \_\_\_\_\_

☐ Leave message with  
detailed information

☐ Leave message with a call back  
number only

Cell  
Phone: \_\_\_\_\_

☐ Leave message with  
detailed information

☐ Leave message with a call back  
number only

Work  
Phone: \_\_\_\_\_

☐ Leave message with  
detailed information

☐ Leave message with a call back  
number only

☐ **Written Communication:** ☐ Mail to my home address ☐ Other: \_\_\_\_\_

☐ **Other:** \_\_\_\_\_

#### Preferred Contacts:

We respect your right to indicate who you prefer to involve in your treatment decisions and/or with whom your information is shared. Please note, however, that we may share your information regarding services we have provided with other persons (such as insurance plan) as needed for your care or treatment, and as set forth in our Notice of Privacy Practices.

Please indicate the person (s) you prefer we share your information with below:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relationship: \_\_\_\_\_

**Patient** (signature): \_\_\_\_\_ Date/Time: \_\_\_\_\_

**Patient** (print name): \_\_\_\_\_

**Parent or Guardian** (if patient is a minor or otherwise not competent):

(signature): \_\_\_\_\_ Date/Time: \_\_\_\_\_

(print name): \_\_\_\_\_ Relation to Patient: \_\_\_\_\_

#### PATIENT IDENTIFICATION

If label is not available, please complete:

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Medical Record # \_\_\_\_\_

Gender: ☐ Male ☐ Female

**Inova Medical Group – Primary Care  
Patient Record of Disclosure-  
Preferred Contacts**

