



Clearly, early detection is still the single most effective way to beat breast cancer — the earlier, the better.

Inova Health System is a not-for-profit health care system based in Northern Virginia that consists of hospitals and other health services including emergency and urgent care centers, home care, nursing homes, mental health and blood donor services, and wellness classes. Governed by a voluntary board of community members, Inova's mission is to improve the health of the diverse community we serve through excellence in patient care, education and research.

www.inova.org

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Clearly, early detection is everything



Digital mammography is here. The latest technology in mammography for the best possible care.



 **INOVA® MOUNT VERNON HOSPITAL**

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Early Detection Technology Takes a Major Step Forward

At the Inova Mount Vernon Hospital Breast Health Center your health means everything to us. That's why we want to make this

information available to you. An American Cancer Society study showed that mammography screening reduced breast cancer deaths by 63 percent. The sooner you get a mammogram, the more we can help you.



The Breast Health Center has invested in digital mammography to make sure our patients have the most advanced technologies and treatments to fight cancer.

Digital Precision: The Power to See More

A recent landmark study* has proven digital mammography especially effective for three categories of patients: women under 50; women who are pre-menopausal or in its beginning stages; and women with dense breasts.

**ACRIN-DMIST study (American College of Radiology Imaging Network-Digital Mammographic Imaging Screening Trial)*



In that same study, which included more than 42,000 women, digital mammograms found cancers that traditional mammograms missed. Many of the cancers detected were the most serious, potentially fatal types.

Since the digital mammogram doesn't need to be developed, you get results more quickly. With the click of a mouse, your radiologist can also enlarge and enhance the digital image, adjust the contrast, or zoom in on specific areas. This technology means it's less likely you'll need to come back for a second test. What's more, your doctor can easily share your images to consult with others, for prompt diagnosis and the best possible treatment.



No Matter What Kind, Get a Mammogram

For the Latest Digital Technology, Get it Here

Early detection is still the single most effective way to beat breast cancer—the earlier, the better. That's true, no matter what kind of mammogram you get—film or digital.

The important thing is that you make timely mammography screening a top priority for yourself and the women you care about.



Talk to your doctor for advice. Then take steps to take care of your health.



The staff at the Breast Health Center at Inova Mount Vernon Hospital is equipped and ready to help you with the most advanced mammography capabilities. You deserve the best possible care. That's why we're here. Your health means everything to us.