

Helpful Resources

The staff of Inova Trauma Center has compiled a list of helpful organizations and websites.

This list is intended to be a service to our users and for informational use only. We are not responsible for the information at the linked sites and do not endorse any products or services found there.

Trauma Medical Associations

American Association for the Surgery of Trauma (AAST)

American College of Surgeons Trauma Programs (ACS)

Eastern Association for the Surgery of Trauma (EAST)

International Trauma Anesthesia and Critical Care Society (ITACCS)

Society for Academic Emergency Medicine

Society of Critical Care Medicine

Western Trauma Association (WEST)

Injury Prevention

Americans with Disabilities Act

American Trauma Society

Mothers Against Drunk Driving (MADD)

Students Against Destructive Decisions (SADD)

Center for Disease Control-Injury Prevention

Community Resources

FEMA

National Long Term Care Ombudsman Program

Virginia Department of Health

Fairfax County Health Department

City of Alexandria Health Department

Arlington Department of Human Services

Loudoun County Health Department

Prince William Health District

Virginia Residents with Disabilities

Fairfax County Complete Guide to Services for People with Disabilities

Social Security Administration/Disability

National Center for Post-Traumatic Stress Disorder

Adolescents

In Step PC

ADHD, Asperger's Social Skills, Anger Management

8320 Professional Hill Drive

Fairfax, VA 22031

703-657-8103

www.insteppc.com

Falls Church Youth Services

Substance Abuse Services, Adolescent, Outpatient, Day Treatment

107 Park Place

Falls Church, VA 22046

703-533-5634

www.fairfaxcounty.gov/csb

Fairfax-Falls Church Community Services Board – Chantilly

Youth Services: Substance Abuse Outpatient, Day Treatment

14150 Parkeast Circle

Suite 200

Chantilly, VA 20151

703-968-4000

www.fairfaxcounty.gov/csb/ads

South County Youth Services

Abuse Outpatient, Day Treatment

8350 Richmond Highway, Suite 550

Alexandria, VA 22310

703-704-6707

<http://www.fairfaxcounty.gov/csb>

Crossroads

Youth Residential Programs: Addictions and Mixed Mental Health Long-term Treatment (more than 30 days)

6901 South Van Dorn Street

Kingstown, VA 22315

703-313-6300

www.fairfaxcounty.gov/csb/ads

Graydon Manor

Day School, Outpatient or Day Treatment Mental Health Facility, Youth with Serious Emotional Disturbance

152 Enterprise Street

Sterling, VA 20164-3218

703-430-0176

www.graydonmanor.org

Prince William County Community Services Board

Youth with serious emotional disturbance, Mental Illness/Substance Abuse, Outpatient or Day Treatment, Crisis Intervention Team, Psychiatric Emergency Walk-In

8033 Ashton Avenue

Suite 105

Manassas, VA 20109

703-792-7800

www.pwccgov.org

Fairfax-Falls Church Community Services – Mt. Vernon

Youth with serious emotional disturbance, Co-occurring Mental & Substance Abuse, Outpatient or Day Treatment, Crisis Intervention Team, Psychiatric Emergency Walk-In Services

8119 Holland Road

Alexandria, VA 22306

703-360-6910

alexandriava.gov/DCHS

Alexandria Community Services Board Center for Alexandria's Children

Outpatient or Day Treatment, Individuals with Co-occurring Mental and Substance Abuse Disorders, Crisis Intervention

1900 North Beauregard Street

Suite 200

Alexandria, VA 22311

703-746-6008

alexandriava.gov/DCHS

Alexandria Community Services Board

Youth with serious emotional disturbance, Co-occurring Mental & Substances Abuse, Outpatient or Day Treatment, Crisis Intervention Team, Psychiatric Emergency Walk-In Services

720 North Saint Asaph Street

Alexandria, VA 22314

703-746-3400

alexandriava.gov/DCHS

Childhelp Children's Center of Virginia

Outpatient or Day Treatment Mental Health Facility

11230 Waples Mill Road

Suite 105

Fairfax, VA 22030

703-208-1500

www.childhelp.org/programs

Inova Fairfax Hospital Behavioral Health Services

Inpatient/Outpatient or Day Treatment. Youth with serious emotional disturbance, Crisis Intervention

3300 Gallows Road

Falls Church, VA 22042

703-289-7570

www.inova.org

Fairfax Falls Church Community Services Board – Springfield Office

Youth with serious emotional disturbance, Co-occurring Mental & Substance Abuse, Outpatient or Day Treatment, Crisis Intervention Team, Psychiatric Emergency Walk-In

8348 Traford Lane

Springfield, VA 22152

703-866-2100

www.fairfaxcounty.gov/csb/ads

Inova Kellar Center

Behavioral Health, Substance Abuse, Adolescents Outpatient, Day Treatment

11204 Waples Mill Road

Fairfax, VA 22030

703-218-8500
www.inova.org

Annette Kielkopf, LPC, LMFT
Specializes in Working with Children, Adolescents, and Families
1485 Chain Bridge Road, Suite 203
McLean, VA 22101
703-288-9022
mcleanfamilytherapy.com

Leland House
Residential, Youth with serious emotional disturbance, under 18
13525 Leland Road
Centreville, VA 20120
703-222-3558

Amputee

Amputee Coalition of America

Anxiety

Susan Cook Maytorena, PhD, PLC
Psychotherapy
Licensed Clinical Psychologist
629 South Washington Street
Alexandria, VA 22314
www.drmaytorena.com/anxiety.htm

Anxiety & Panic Disorder Private Clinic of Northern Virginia
Psychotherapy
5537 Hempstead Way
Springfield, VA 22151
703-922-8484

Carmen Vaughan, LCSW
Individual and Family Therapy, EMDR
6723 Whittier Avenue
Suite 405 B
McLean, VA 22101
703-790-5139
www.carbenvaughan.com

Fairfax Mental Health
Psychotherapy and Medication Services
5675 Stone Road
Suite 320
Centreville, VA 20120
703-830-1500
www.fairfaxmentalhealth.com

Autistic Spectrum

In Step PC

ADHD, Asperger's Social Skills, Anger Management
8320 Professional Hill Drive
Fairfax, VA 22031
703-657-8103
www.insteppc.com

Continuum Autistic Spectrum Alliance

Evaluation, Diagnosis, applied Behavioral Analysis (ABA)
1651 Old Meadow Road
Suite 600
McLean, VA 22102
1-800-828-5659
autismspectrumalliance.com

Asperger Adults of Greater Washington

Support, Social, and Advocacy Organization
Live Meetings, Events and Email Contact
See Website for Current Opportunities
www.aagw.net

Autism Learning Center

Behavioral Treatment focused on Developing Language, Cognition, Social, and Play Skills
7600 Leesburg Pike #410
Falls Church, VA 22043
703-506-1930
autismlearningcenter.org

Battered Women

Bipolar

Aaron Dutil, LPC

Client-Centered, Solution-Focused Counseling
Fairfax Towne Office Park
10195 Main Street, Suite N
Fairfax, VA 22031
703-254-6421
www.aarondutil.com

Integrative Psychotherapy Institute

Psychotherapy, EMDR, Trauma, Pharmacological Interventions, Dialectal Behavior Therapy
3615 Chain Bridge Road, Unit I (Eye)
Fairfax, VA 22030
703-348-9749
www.ipivirginia.org

Associate Counseling Center, Inc.

Christian Counseling, Individual, Family, and Group Psychotherapy
380 Maple Avenue West
Suite 304
Vienna, VA 22180
703-468-8971
www.associatecounselingcenter.com

Goose Creek Coaching and Consulting

Coaching, Meditation, and Consulting Services
5675 Stone Road
Suite 230
Centreville, VA 20120
703-574-6271
www.goosecreekconsulting.com

Blind and Vision Impaired

Virginia Department for the Blind and Vision Impaired

National Federation of the Blind

Foundation Fighting Blindness

Virginia Disability Resources

Columbia Lighthouse for the Blind

Virginia Low Vision Resources

Depression

Jessica S. MacNair, MA, NCC, LPC

Cognitive Behavior, Solution Focused, and Psycho Dynamic Therapies. Individual and Group Settings
2762 Marshall Street
Falls Church, VA 22042
571-449-2731
www.jessicamacnair.com

Susan Ross, LCSW

Old Town Therapy & Wellness
Post-Partum Depression, Existential, Cognitive
Behavioral Therapies
817A King Street
Suite 203
Alexandria, VA 22314
703-596-8446
www.oldtowntherapywellness.com

Dr. Amy Glaser, Psychologist, PhD

Cognitive Behavioral and Psycho Dynamic Therapies
3949 Pender Drive
Suite 301
Fairfax, VA 22030
703-291-4501
www.psychologistfairfax.com

Matt Dean, LPC

Counseling for Adults, Families, children
3925 Old Lee Hwy
Suite 52A
Fairfax, VA 22030
703-468-8236
www.mattdeanlpc.com

Domestic Violence

City of Alexandria Center for Children & Families

Fairfax County Domestic Violence Action Center

Northern Virginia Domestic Violence Resources Card

Bethany House of Northern Virginia

The Women's Center

Doorways for Women & Families

AARDVARC

Prince William County – Domestic Violence Resources

Alexandria Battered Women's Shelter

Victims of Domestic Violence (men and women), Women with children

421 King Street

Suite 400

Alexandria, VA

703-746-4911 – 24/7 Hotline

www.novaregion.org

Artemis House

(Formerly Fairfax Battered Women's Shelter)

Length of stay is 45 days. Offers individual counseling and crisis intervention, case management, support groups for women and children as well as court accompaniment

703-435-4940 – 24/7 Hotline

www.novaregion.org

Dual Diagnosis

Finding Solutions

Outpatient Mental health and Substance Abuse

Treatment for Children, Teens & Adults

44025 Pipeline Plaza

Suite 110

Ashburn, VA 20147

703-636-2888

www.findingyoursolution.com/services.htm

Finding Solutions

Outpatient Mental health and Substance Abuse

Treatment for Children, Teens & Adults

3921 Old Lee Hwy

Suite 73B

Fairfax, VA 22030

703-636-2888

www.findingyoursolution.com/services.htm

CATS

Outpatient Substance Abuse and Mental Health for Adults 18 and Above

3300 Gallows Road

Falls Church, VA 22042

703-776-7777

www.inova.org/healthcare-services/behavioral-health/cats/index.jsp

Eating Disorders

Dr. Jean Ward, PhD

Positive Psychology, Cognitive Behavioral, Solution Focused Therapies

11654 Plaza America Drive

Suite 343

Reston, VA 20190

703-385-1777

www.drjeanward.com

Alexandria Kaghan, BCD, LCSW

Humanistic, Relational, and Self-Psychology

243 Church St., NW

Suite 300A

Vienna, VA 22180

703-291-0747

The Center for Hope of Nova, PLLC

Dialectical, Cognitive, and Psycho-Dynamic Therapies

1043 Sterling Road

Suite 203 & 204

Herndon, VA 20170

703-659-9679

www.centerforhopeofnova.com

Isabel B. Kirk, MA, LPC

Cognitive Behavioral, Existential, Interpersonal Therapies

Old Columbia Pike & Little River Turnpike

Annandale, VA 22003

703-468-8650

www.dcvacounseling-psychotherapy.com

Family Therapy

Northern Virginia Family Services

Outpatient or day treatment or partial hospitalization mental health facility

6400 Arlington Boulevard

Suite 110

Falls Church, VA 22042

703-533-3302

The Arbor Center

Family Therapy

Mosby Towers

10560 Main Street

Suite 410

Fairfax, VA 22030

703-352-8900

thearborcenter.com

Annette Kielkopf, LPC, LMFT

Specializes in working with children, adolescents, and families

1485 Chain Bridge Road

Suite 203
McLean, VA 22101
703-288-9022
mcleanfamilytherapy.com

Franconia Family Therapy Center
Individual, Group, Marital, and Family Therapy
Oak Tree Plaza
6092 Franconia Road
Alexandria, VA 22310
703-922-0444
franconiafamily.com

Mark Anderson, LCSW
Individual, Family & Couples Counseling
405 N. Washington Street
Suite 104
Falls Church, VA 22046
703-405-4209
www.theravive.com

Family First Psychological Services, PC
Therapy and Psychological Testing for Children, Adolescents & Adults
115 Park Street SE
Suite 207
Vienna, VA 22180
703-938-9090
familyfirstva.com

Robert A. Fontana LCSW
Couples Counseling, Anxiety, Depression
459B Carlisle Ave
Suite B
Herndon, VA 20170
703-596-3244

Grief & Bereavement Services

Duane T. Bowers, LPC, CCHt, PLLC
Traumatic Loss Therapist
200 Park Ave
Suite 304
Falls Church, VA 22046
202-236-5452
duanetbowers.com

Capital Caring Grief and Loss Services
2900 Telestar Court
Falls Church, VA 22042
703-538-2065
www.capitalcaring.org/donors-volunteers-and-events/volunteers/special-events/grief-workshops

Ursula Weide, PhD, JD, NCC, FT
Grief and Loss Counselor
801 N. Pitt Street
Suite 113
Alexandria, VA 22314
703-548-3866
www.coping-with-loss-and-grief.com/about.html

Griefshare support Groups

St. Paul's Lutheran Church
7426 Idylwood Road
Falls Church, VA 22043
703-573-0295
www.griefshare.org

Haven of Northern Virginia

Bereavement Support Group
Free Six-Week Program
Registration is Required
4606 Ravensworth Road
Annandale, VA
703-941-7000
havenofnova.org

Wendt Center for Loss & Healing

Individual grief counseling/support groups for adults and children
4201 Connecticut Ave., NW
Suite 300
Washington, DC 20008
202-624-0010
www.wendtcenter.org

Sunstone Counseling

Individual, Family, and Group Counseling
124 D Broad Street
Falls Church, VA 22046
703-534-5100
www.sunstonecounselors.com

Linda Thong, LCSW

Grief and Loss Counselor
7501 Little River Turnpike
Suite 306
Annandale, VA 22003
703-665-0537

Prince William County Community Services Board

Adults with Serious Mental Illness, Co-occurring Mental & Substance Abuse, Outpatient or Day Treatment, Crisis Intervention Team, Psychiatric Emergency Walk-In Services
8033 Ashton Avenue
Suite 105
Manassas, VA 20109
703-792-7800
www.pwcgov.org

Loudoun County Mental Health Center – Eastern Loudoun Office

Adults with Co-occurring Mental and Substance Abuse, Outpatient or Day Treatment, Crisis Intervention Team, Psychiatric Emergency Walk-in Services
21641 Ridgetop Circle
Suite 105
Sterling, VA 20166
571-258-3026
www.loudoun.gov

Graydon Manor

Day School, outpatient or Day Treatment Mental health Facility
Youth with Serious Emotional Disturbance
152 Enterprise Street
Sterling, VA 20164-3218

703-430-0176

www.graydonmanor.org

Fairfax Falls Church Community Services Board – Chantilly/Centreville Office

Adults with Serious Mental Illness, Co-occurring Mental and Substance Abuse, Outpatient or Day Treatment, Crisis Intervention Team

14150 Parkeast Circle

Suite 200

Chantilly, VA 20151

703-962-4000

www.fairfaxcounty.gov/csb

Fairfax Falls Church Community Services – Mt. Vernon

Adults with Serious Mental Illness, Co-occurring Mental & Substance Abuse, Outpatient or Day Treatment, Crisis Intervention Team, Psychiatric Emergency Walk-In Services

8119 Holland Road

Alexandria, VA 22306

703-360-6910

www.fairfaxcounty.gov/csb

Fairfax Falls Church Community Services Board – Northwest Center for Community

Adults with Serious Mental Illness, Co-occurring Mental & Substance Abuse, Outpatient or Day Treatment, Crisis Intervention Team, Psychiatric Emergency Walk-In Services

1850 Cameron Glen Drive

Suite 600

Reston, VA 20190-3343

703-481-4100

www.fairfaxcounty.gov/csb

Inova Mount Vernon Hospital

Hospital Inpatient, Crisis Intervention Team

2501 Parkers Lane

Alexandria, VA 22306

703-664-7000

www.inova.org

Leland House

Residential, Youth with serious emotional disturbance, Under 18

13525 Leland Road

Centreville, VA 20120

703-222-3558

PRS Inc. Mount Vernon

Outpatient or day treatment or partial hospitalization mental health facility

8794 Sacramento Drive

Suite S

Alexandria, VA 22309

703-360-8394

www.prsinc.org

Fairfax Falls Church Community Services Board – South County Office

Crisis Intervention Team, Outpatient or Day Treatment Mental health Facility

8350 Richmond Highway

Suite 415

Alexandria, VA 22309

703-7046355

www.fairfaxcounty.gov/csb

Alexandria Community Services board

Youth with serious emotional disturbance, Adults with Serious Mental Illness, Co-occurring Mental & Substance Abuse, outpatient or Day Treatment, Crisis Intervention Team, Psychiatric Emergency Walk-In Services

720 North Saint Asaph Street
Alexandria, VA 22314
703-746-3400
alexandriava.gov/DCHS

Inova Fairfax Hospital Behavioral Health Services

Inpatient, Outpatient or Day Treatment, Youth with serious emotional disturbance, Transition-aged young adults aged 18-25, Adults with serious mental illness, Crisis Intervention
3300 Gallows Road
Falls Church, Va 22042
703-289-7570
www.inova.org

Northern Virginia Family Services

Outpatient or day treatment or partial hospitalization mental health facility
6400 Arlington Boulevard
Suite 110
Falls Church, VA 22042
703-533-3302
www.nvfs.org

Childhelp

Children Center of Virginia
Outpatient or day treatment or partial hospitalization mental health facility
11230 Waples Mill Road
Suite 105
Fairfax, VA 22030
703-208-1500
www.childhelp.org/programs

Fairfax Falls Church Community Services Board – Woodburn Center

Adults with Serious Mental Illness, Co-occurring Mental & Substance Abuse, Outpatient or Day Treatment, Crisis Intervention Team, Psychiatric Emergency Walk-In Services
3340 Woodburn Road
Annandale, VA 22003
703-573-0523
www.fairfaxcounty.gov/csb

Arlington County Community Services Board

Outpatient or Partial Day Treatment or Partial Hospitalization, Transition-aged young adults aged 18-25, Adults with serious mental illness, Individuals with co-occurring mental and substance abuse disorders
1725 North George Mason Drive
Arlington, VA 22205
703-228-4864
www.arlingtonva.us

**Alexandria Community Services Board
Center for Alexandria's Children**

Outpatient or Day Treatment or Transition-aged young adults aged 18-25, Adults with serious mental illness, Individuals with co-occurring mental and substance abuse disorders, crisis intervention
1900 North Beauregard Street
Suite 200
Alexandria, VA 22311
703-746-6008
alexandriava.gov/DCHS

Women's Center

Outpatient or Day Treatment or Partial Hospitalization Mental Health Facility, Individuals with Post-Traumatic Stress Disorder
133 Park Street NE
Vienna, VA 22180

703-281-2657

www.thewomenscenter.org

Mental health Support Groups

The Depression and Bipolar Support Alliance of Northern Virginia (DBSA)

For those with Depression or Bipolar Disorder

Springfield Christian Church

5407 Backlick Road

Springfield, VA 22152

Every Tuesday at 7:30 pm

(Other locations available, see website)

springfield@dbsanova.org

www.dbsanova.org

Recovery International

Mutual Peer Support Group, Self-Help

Meets Saturdays, 10 am

Cokesbury United Methodist

14806 Blackburn Rd

Woodbridge, VA 22191

703-441-0840

www.lowselfhelpsystems.org

National Alliance on Mental Illness (NPMI)

Peer-to-Peer Support

Meets every 2nd and 4th Tuesday at 12 pm

Chantilly Library

4000 Stringfellow Rd

Chantilly, VA 20151

703-631-2410

Janette_valliere@verizon.net

www.nami.org

OCD Support Group

Mutual Support for Individuals with OCD

Meets Mondays 7:30 – 9:30 pm

St. Andrews Episcopal Church

4000 Lorcom Lane

Arlington, VA 22201

703-250-1126

peter.fedorowich@usamobility.com

Pastoral Counseling

Pastoral Counseling of Northern Virginia

Therapeutic Services from Christian Worldview

Community United Methodist Church

1701 N. Bryan Street

Arlington, VA 22201

703-527-1085

(other locations available see website)

www.pastoralcounselingnv.com

Judy Neary, LCSW

Therapeutic Services from Catholic Worldview

6001 Tower court
Alexandria, VA 22304
703-408-3294
judy@nearylcsw.com

Pregnancy

Alexandria Pregnancy Help Center

Medical Consultations, Pregnancy Tests, Ultrasounds by a Medical Professional
8305 Richmond Hwy, Suite 13A
Alexandria, VA 22309
703-7804700
www.slmpregnancy.org

Hope in Northern Virginia

Pregnancy Counseling and Assistance, Free Pregnancy Tests, Childbirth Education and Parenting Programs
610 Park Ave
Falls Church, VA 22046
703-536-2020
www.hopeinnova.org

Life Choices Resource Center

Medical Consultations, Pregnancy Tests, Ultrasounds by a Medical Professional
10380 Democracy Lane
Suite A
Fairfax, VA 22030
703-278-5433
www.slmpregnancy.org

Life Line Pregnancy Care Center

Non-Profit Organization for Empowering Women & Men to Make Informed Choices About the Sanctity of Life, Faith in Jesus Christ, and Sexual Health.
Lansdowne Office Park
19415 Deerfield Avenue
Suite 109
Lansdowne, VA 20176
703-729-1123
www.pregnancylifeline.org

Psychiatrists

Sarah Iannucci, DO, PA, INC

Anxiety, Depression, addiction, Trauma
14631 Lee Highway
Suite 207
Centreville, VA 20121
571-839-3628
driannucci.com

Capital Psychiatry

Mood Disorders, Autistic Spectrum Disorders
6819 Elm Street
McLean, VA 22101
703-785-0094
northernvirginiapsychiatrist.com

Northern Virginia Psychiatric Group, PC

Individual & Group Psychotherapy, Family Therapy, Pharmacotherapy, and Psychological Assessment Services
8500 Executive Park Avenue
Fairfax, VA 22031
703-698-5220
www.novapsy.com

Northern Virginia Mental Health Institute

Psychosomatic Medicine, Addiction Psychiatry, Forensic Psychiatry, Psychopharmacology, Cultural Psychiatry,
Thought & Mood Disorders
3302 Gallows Road
Falls Church, Va 22042
703-207-7100
www.nvmhi.dmhmrzas.virginia.gov

Shelters

Alexandria Community Shelter

Singles, Families with Children, Case Management, 90 Day Stay Children
2355B Mill Road
Alexandria, VA
703-746-3660
www.novaregion.org

Alive House

Mothers with Children, Length of Stay Determined by Case Management
125 South Payne Street
Alexandria, VA 22314
703-684-1430
www.novaregion.org

Embry Rucker Shelter

Singles Families, Length of Stay Determined by Case Management
11975 Bowman Towne Drive
Reston, VA
703-437-1975
www.novaregion.org

Volunteers of America**Hilda M. Barg Homeless Prevention Center**

Singles, Families, Couples, Up to 51 Days must be able to provide Self-Care
14945 Jefferson Davis Hwy
Woodbridge, VA
703-680-5403
www.novaregion.org

Carpenters Shelter

Singles, Families with Children, Length of Stay Determined by Case Management, Walk-Ins or Referrals
930 N. Henry St.
Alexandria, VA
703-548-7500
www.novaregion.org

Volunteers of America**Baileys Crossroads Shelter**

Walk-Ins Only, Single Men or Single Women
3525 Moncure Ave.
Baileys Crossroads, VA
703-820-7623

www.novaregion.org

Sober Support Groups

Alcoholics Anonymous (AA)

Northern Virginia Intergroup

12 Step recovery Groups, Alcoholics Helping Alcoholics via Mutual Support

10400 Eaton Place

Suite 106

Fairfax, VA 22030

703-293-9753

info@nvintergroup.org

Narcotics Anonymous

Northern Virginia Area of Narcotics Anonymous (NORVANA)

1-800-543-4670

www.cprna.org

SMART

Self-Help Addictions recovery Group Based on Ideas Derived from Rational Emotive Behavioral Therapy

8 Meetings in DC Metro Area, Address and Contact information available on web

www.his.com/~washdcsmart

Celebrate Recovery

Christian Based Addiction Recovery Groups

Based on the Beatitudes

4 groups in Northern Virginia Area

Contact information available on web

www.celebraterecovery.com/find-a-group/usa-virginia

Spinal Cord Injury Resources

National Spinal Cord Injury Association

Spinal Cord Injury Information Network

Substance Abuse Services

Inova CATS

Detoxification, Day Treatment, IOP

3300 Gallows Road

Falls Church, VA 22042

703-776-7560

www.inova.org/healthcare-services/behavioral-health/cats/index.jsp

Light House Counseling

Substance Abuse services Outpatient

20 Hudgins Road

Suite 201

Fredericksburg, VA 22408

540-907-0121, 540-907-9903

lighthousefredericksburg.com

Living Free

Outpatient Services
4306 Evergreen Lane
Suite 204
Annandale, VA 22003
703-750-1292
www.livingfreehealth.com

Virginia Hospital Center
Detoxification, Buprenorphine, Outpatient Services
1701 North George Mason Drive
Arlington, VA 22205
703-558-6451
703-558-6750 (IOP)
www.virginiahospitalcenter.com

Falls Church Youth Services
Adolescent Services, Outpatient, Day Treatment, Residential
107 Park Place
Falls Church, VA 22046
703-533-5634
www.fairfaxcounty.gov/csb/ads/

Fairfax Falls Church CSB
Adult Residential, Residential Dual Diagnosis, Day Treatment, Outpatient, Buprenorphine
6245 Leesburg Pike
Suite 440
Falls church, VA 22044
703-383-8500
www.fairfaxcounty.gov/csb/ads

Fairfax Methadone Treatment Center
Methadone/Buprenorphine Maintenance, Detoxification
7008 Little River Turnpike
Suite G
Annandale, VA 22003
703-333-3113
www.methadonetreatmentcenters.com

Phoenix House
Residential short-term treatment (30 days or less), Residential long-term treatment (more than 30 days),
Buprenorphine
521 North Quincy Street
Arlington, VA 22203-2136
www.phoenixhouse.org

Center for Psychiatric & Addiction Treatment
Detoxification, Outpatient
8680 Hospital Way
Manassas, VA 20110
703-369-8464
www.pwhs.org

Woodbridge Methadone Treatment
Methadone/Buprenorphine Maintenance
8427 Dorsey Circle
Suite 101
Manassas, VA 20110
703-330-7517
www.methadonetreatmentcenters.com

Washington Behavioral Health

Outpatient, Day Treatment, Detoxification, Buprenorphine Services
1954 Opitz Boulevard
Woodbridge, VA 22191
703-492-2924
www.washingtonbehavioralhealth.com

Recovery Center of Northern Virginia

Outpatient Services
459 Carlisle Drive
Suite A
Herndon, VA 20170
703-464-5122
www.rconv.com

South County Youth Services

Outpatient, Day Treatment
8350 Richmond Highway
Suite 550
Alexandria, VA 22310
703-704-6707
www.fairfaxcounty.csb/ads/

Fairfax-Falls Church Community Services Board – Chantilly

Youth Services, Outpatient, Day Treatment
14150 Parkeast Circle
Suite 200
Chantilly, VA 20151
703-968-4000
www.fairfaxcounty.gov/csb/ads

Sagebrush Treatment Inc.

Residential short-term treatment (30 days or less), Residential long-term treatment (more than 30 days)
P.O. Box 554
Great Falls, VA 22066
1-888-406-7444
www.sagebrushva.com

Ethos Foundation

Outpatient Services
312 South Washington Street
Suite 3-A
Alexandria, VA 22314-3631
703-535-6800
www.ethosfdn.com

Alexandria Community Services Board Substance Abuse Services

Detoxification, Methadone maintenance, Methadone Detox, Buprenorphine Services residential Treatment (30 days or less), Outpatient Services
2355 Mill Road
Suite A
Alexandria, VA 22314
703-746-3600
www.ci.alexandriava.gov/mhmrsa

Crossroads

Adult and/or Adolescent Residential Programs, Long-term Treatment (more than 30 days)
6901 South Van Dorn Street
Kingstowne, VA 22315
703-313-6300
www.fairfaxcounty.gov/csb/ads

Life Line Counseling Center

Outpatient

10374 Democracy Lane

Suite A

Fairfax, VA 22030

703-691-3029

www.lifelinerecovery.com**Inova Kellar Center**

Behavior Health, Adolescents, Outpatient, Day Treatment

11204 Waples Mill Road

Fairfax, VA 22030

703-218-8500

www.inova.org**Women's Home Inc.**

Residential Long Term (more than 30 days), Halfway Hous

Arlington, VA 22207

703-237-2822

www.thewomenshome.com**New Generations**

Treatment Program for Women/Babies, Residential, Halfway house, Buprenorphine

8422 Electric Avenue

Vienna, VA 22182

703-849-1312

www.fairfaxcounty.gov/csb/ads**Family Counseling Center for Recovery (FCCR)**

Outpatient, Methadone, Buprenorphine

11720 Main Street

Suite 108

Fredericksburg, VA 22408

540-735-9350

www.fccr-va.com/contact.html**Snowden at Fredericksburg**

IOP Substance Abuse Services

1200 Sam Perry Boulevard

Fredericksburg, VA 22401

540-741-3900 ext. 17156

www.marywashingtonhealthcare.com

Therapists

Steven H. Steiner, LCSW, LSATP

Cognitive Behavioral, Psycho-Dynamic Dialectal and Mindfulness Therapies

425 Carlisle Drive

Suite A

Herndon, VA 20170

703-791-1316

Stuart C Moore LCSW

Cognitive Behavioral and Solution Focused Individual and Group Therapy

8101 Hinson Farm

Suite 117

Alexandria, VA 22306

703-386-0050

stuartmoorelcsw.com

Gretchen Fair, LCSW

Relational and Psychoanalytic Therapy for Childhood Trauma, Intimate Partner Violence, Depression/Anxiety
6073 Arlington Blvd
Falls Church, VA 22044
703-596-3722
northernvirginiatherapy.com

Jewel Green, LCSW

Traditional "Talk" Therapy, EMDR and Mindfulness in a comfortable and supportive atmosphere
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Plaza Level Suite 3
Arlington, VA 22203
703-528-8033 ext. 3
www.jewelgreentherapy.com

Trauma

Lesley Persily, Med, LPC

Trauma and PTSD, Anxiety, EMDR
9675 Main Street
Suite A
Fairfax, VA 22031
703-659-9672

Lynne Harris, LPC

Treatment of Trauma, Dissociation, and Addiction. EMDR, Ego State Therapy
105 N. Virginia Avenue
Suite 307
Falls Church, VA 22046
www.lyneharrisipc.com

Denise U. Tordella, LPC

EMDR, Mindfulness, Humanistic Therapies
332 Commerce St.
Alexandria, VA 22314
703-706-0191
www.denisetordella.com

Integrative Psychotherapy Institute

Psychotherapy, EMDR, Trauma, Pharmacological Interventions, Dialectal Behavioral Therapy
3615 Chain Bridge Road
Unit I (Eye)
Fairfax, VA 22030
703-348-9749
www.ipivirginia.org

Traumatic Brain Injury

Brain Injury Association

Brain Injury Resource Center

National Resource Center for Traumatic Brain Injury

Survivors of Violence

VSDVA Alliance

OAR Violence Intervention Program

The National Domestic Violence Pro Bono Directory – American Bar Association

Virginia Department of Criminal Justice Services

National Organization for Victim Assistance