

## A “Joint” Collaboration!

### *Social Networking with other Joint Replacement Patients*

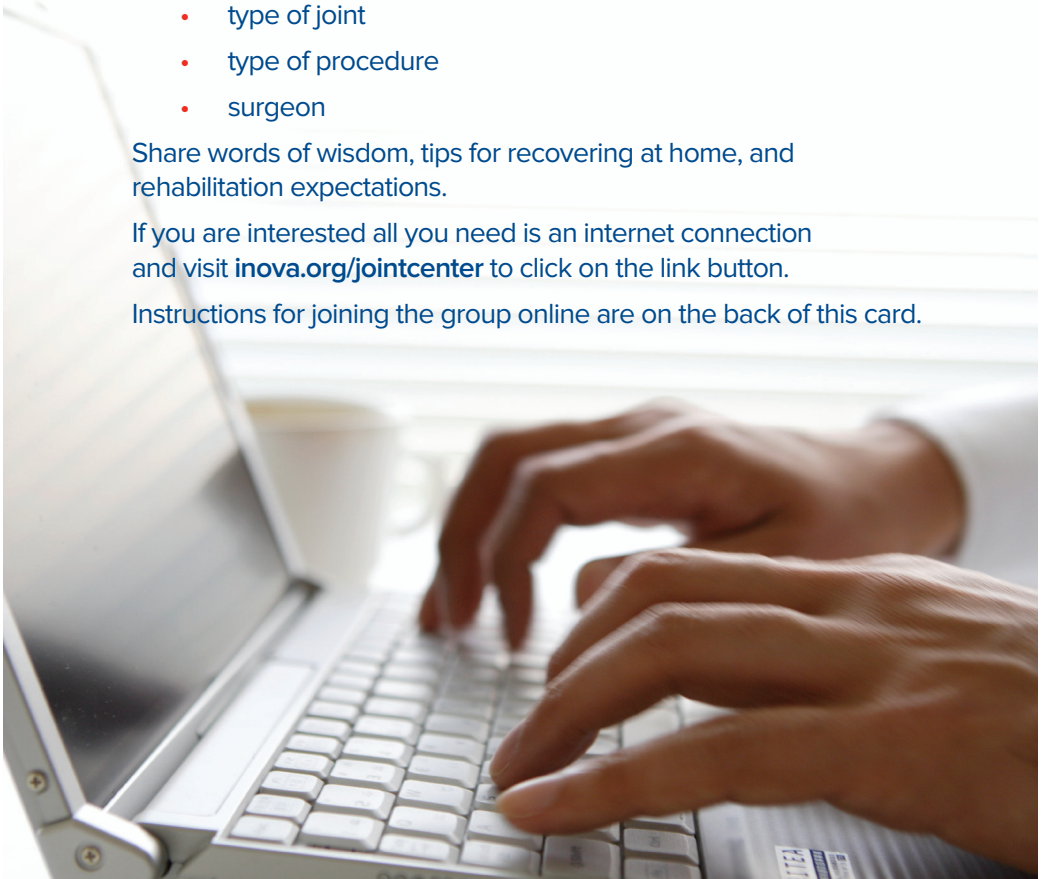
Connect with others who are scheduled to undergo the same surgical experience:

- type of joint
- type of procedure
- surgeon

Share words of wisdom, tips for recovering at home, and rehabilitation expectations.

If you are interested all you need is an internet connection and visit [inova.org/jointcenter](http://inova.org/jointcenter) to click on the link button.

Instructions for joining the group online are on the back of this card.



## Instructions

### Quickstep:

Go to [www.inova.org/jointcentergroup](http://www.inova.org/jointcentergroup)

1. Choose “Sign in to view this group”
2. If you have a Google account you may now sign in on this screen.
3. If you do not have a Google account select “Create an account” under the login box
4. Complete the registration form, if you already have an email account with another provider select “I prefer to use my current email address” below the “Choose your username” field
5. Select the “Next step” button.
6. If you have used “Use a different email” to set up your account a “Congratulations” announcement will appear stating a “verification” email will be sent to the email address you entered.
7. Once you receive the the Google email verification you need to log into the group by using the link sent in the google email.
8. Once you log in, you will be asked “the frequency” you would like to receive emails make your selection and continue to log in.

*Enjoy communicating with other patients who have recently gone through a joint replacement surgery at the Inova Joint Replacement Center at Inova Mount Vernon Hospital.*