

# Our Outcomes Show that Our Patients Get Better Faster

## Inova Joint Replacement Center

When it comes to orthopedic procedures, you want the best.

Thanks to new techniques and medical advances, thousands of people are returning to the active lifestyles they deserve.

The Inova Joint Replacement Center (IJRC), located at Inova Mount Vernon Hospital, is the largest joint replacement center in the Washington, DC metro area. IJRC physicians perform nearly 2,000 joint replacements annually. Patients from 31 countries and all 50 states have been treated at IJRC.

It's our team and our outcomes that make the difference. IJRC is one of the few programs in Virginia to earn The Joint Commission's Gold Seal of Approval® for hip and knee replacements.

Our team, including board-certified orthopedic surgeons, specially trained nurses, therapists and other healthcare professionals, work together to ensure all patients receive high-quality care tailored to meet their individual needs.

The Inova Joint Replacement Center offers a full continuum of services designed to make the patient experience as seamless and convenient as possible:

- A single point of contact for all insurance needs
- Pre-op appointments and one-on-one meetings with the care team, all scheduled on the same day
- Pre-surgery online orientation
- Rehabilitation services
- Case management services
- Arrangement of special equipment at discharge
- Coordination of home health services
- Private rooms



### A Good Team Leads to Better Outcomes

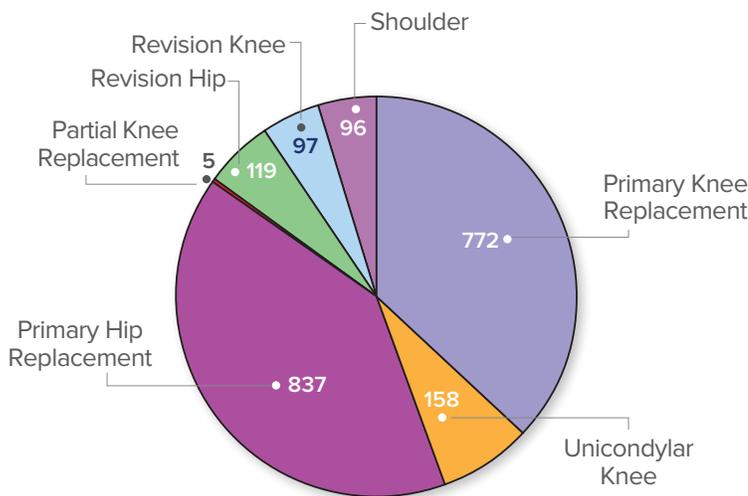
It takes a unified team to provide consistently superior results. A well-informed referring physician, an educated patient and the committed professionals at the Inova Joint Replacement Center working together are the key pieces that lead to reliably successful outcomes. Our results consistently outperform national averages. These statistics matter:

- #1 in shorter length of stay than any other joint program in the Washington DC metro area
- #1 in patient volumes
- Our surgeons are widely published and national leaders in hip and knee arthroplasty

### Pre-Op Teaching Accelerates Healing

Studies have shown that patients who have identified a coach and receive pre-operative education enjoy better outcomes. Patients are encouraged to choose a coach to accompany them all the way through discharge from Inova Mount Vernon Hospital. Nearly two-thirds of our patients arrange to have a coach accompany them to pre-op and post-op sessions, which lead to shorter hospital stays and an increased likelihood of being discharged directly home. More than 90% of IJRC patients have attended an orientation session or viewed an orientation video.

**Number of Joint Replacement Procedures 2018**  
Total = 2,084



**Average Length of Stay (Inpatient) In Days**



The Inova Joint Replacement Center is fully accredited by The Joint Commission, earning the coveted Gold Seal of Approval® for outstanding care in hip and knee replacements.

**Inova Joint Replacement Center  
at Inova Mount Vernon Hospital**  
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*To learn more about the Inova Joint Replacement Center, call Leslie Maralit, Program Manager, at 703.664.7493, or visit us at [inova.org/IJRC](http://inova.org/IJRC)*