

INOVA
ANNUAL NURSING REPORT
2017





WE ARE STRONGER TOGETHER.

It is my pleasure to share our stories of nursing excellence with you.

Inova Nurses are more than 5,000 strong. They make a difference every day throughout our system by delivering compassionate, comprehensive, and evidence-based care. Across our five hospitals and 130 primary and specialty care medical practices, outpatient and ambulatory facilities, home care, community-based health centers as well as a long-term senior care center, Inova touches more than two million lives in a year.

The engagement of Inova nurses at all levels – from direct caregivers to executives – is key to delivering the quality of care we provide every time, every touch. Through our nurses’ dedication to our patients and our organization’s commitment to professional growth and discovery, our nurses are leading the way in improving the health of our communities. They are driven to participate in shared governance, to lead evidence-based practice teams, participate in quality improvement and/or research studies, and disseminate their learnings in articles, presentations and posters. Our nurses’ continued exploration and commitment to patient care has resulted in raising standards in quality, safety and the patient experience at Inova. We are indeed “stronger together.”

I would like to take this opportunity to personally thank each of our nurses for the warm welcome they provided me when I joined the Inova team in September, 2017. It was immediately evident that Inova Nurses are well respected and contribute at all levels of the organization. I am honored to work with such a talented team of professionals and proud to share [the 2017 accomplishments in this Nursing Annual Report](#).

Maureen E. Sintich, DNP, MBA, RN, WHNP-BC, NEA-BC
EVP, Chief Nursing Officer, Inova Health System

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THANK YOU to all who support Inova Nurses!

Inova is committed to attracting and retaining the most talented and skilled nurses, and to ensuring our nurses have robust professional development opportunities. Inova is grateful to our donors for their generous support in funding many of the scholarships and awards highlighted here. Philanthropic gifts allow us to support our nurses as they seek to advance their skills, further their education and provide personal and highly skilled care to all of our patients. **To all of our nursing donors we say, “Thank You!”**



Inova's Nursing Vision, Mission and Strategic Plan

OUR NURSING VISION

Create a world class nursing environment of global distinction where service, community, compassion and innovation foster excellence in nursing practice, education and research.

OUR NURSING MISSION

To provide our community with the best nursing practice, education and research in the world.

Nursing Strategic Plan

Inova Health System Vision
To optimize the health and well-being of each individual we serve.

Inova Health System Mission
To improve the health of the diverse community we serve through excellence in patient care, education and research.

Inova Nursing Vision
Create a world class nursing environment of global distinction where service, community, compassion, and innovation foster excellence in nursing practice, education and research.

Inova Nursing Mission
To provide our community with the best nursing practice, education and research in the world.

INOVA NURSING OBJECTIVES

Engagement

- Create a Healthy Work Environment supporting professional nursing at Inova

Affordability

- Continue with Flex Staffing to meet demand
- Partner with Finance to create a business case to add indirect care time for nurses

Model of Care (Service & Affordability)

- Operationalize all components of the Model of Care
- Create a Model of Care Education Toolkit for leadership and staff

Professional Development (Quality)

- Leadership development for Inova nurses
- Recognize and support nurses participation in local and national organizations
- Support professional development for CTs aspiring to achieve nursing degree

Nursing Research and Evidence-Based Practice

- Ensure nurses are utilizing EBP at the bedside
- Integrate EBP into new Nurse Hire Onboarding

INOVA NURSING GOALS

- RN vacancy rate of 3.1% by Q4 2016
- 97% of all inpatient units will meet staffing targets at 100% by Q4 2016
- Improve systemwide RN engagement to >5.1 by Q4 2016

- Implement Kronos workload scheduling system by Q3 2016
- Create a business case for adding indirect time by Q3 2016

- Implement Mid-Shift Huddle across the system by Q4 2016
- Develop Education Toolkit by Q3 2016, Implement Q4 2016
- HCAHPS Scores to be at the 60th percentile by Q4 2016

- Develop a formal leadership program for staff nurses and nurse leaders by Q3 2016
- Fund professional association membership fees for nurse leaders by Q1 2017
- Provide additional financial support for CTs enrolled in BSN programs by Q1 2017

- Develop EBP Mentorship Program by Q3 2016, Implement by Q4 2016
- Develop a standard work for accessing and utilizing EBP by Q3 2016

Inova's Nursing Professional Practice Model



Inova Nursing At-A-Glance

- 5** Hospitals
- 130** Primary & Specialty Care Practices
- 27** Community Clinics
- 8,000+** Home Health Clients
- 1** Senior Nursing and Rehab Center

17,500 Employees

1,700+ licensed beds

5,112
Registered Nurses



71.5% BSN in 2017

\$1,258,058

for scholarships and continuing education programs hosted at Inova in 2017 through generous philanthropic support

\$141,132

raised by Inova nurses for community outreach and organizations like March of Dimes, American Heart Association, & American Cancer Society

190 new ADVANCE promotions

113 new RN3s
77 new RN4s

582 Nurses participating in ADVANCE

Facility	Total RN3	Total RN4	Total
IAH	42	24	66
IFMC	146	127	273
IFOH	56	48	104
ILH	55	54	109
IMVH	18	12	30
System Total	317	265	582

33 Daisy Award Winners

36 Nursing Excellence Award Winners



58 new Nursing Degrees:
5 new DNs, **1** new PhD,
36 new BSNs

85

trained in Healing Touch

186 nurses contributed to Research, Quality Improvement or EBP publications or presenters

322
New Certifications

Magnet® Components

Transformational Leadership

Inova Alexandria Hospital (IAH)

During the February 2017 monthly Shared Governance team meeting called Strategic Initiative Nursing Group (SING), **Ashley Rostek, BSN, RN, CMSRN**, had an idea to start a new staff recognition award for non-nursing staff. The idea was derived from the existing quarterly nursing recognition award, the Diseases Attacking the Immune SYstem (DAISY®) Award. Ashley felt there was more recognition for the direct care nurse, but not as much for the clinical technicians who are valued members of the team. She wanted a way to recognize individual technicians for going above and beyond their normal duties on the job. The IAH Nursing Shared Governance Team (SING) supported the idea and formed a subcommittee to pursue creating this new award. She sought the approval and input of the existing DAISY committee. The proposed recognition was approved by SING and then by Nursing Leadership in March 2017. This recognition award was titled Techs Utilizing Leadership In Patientcare (TULIP). Since implementation, multiple awards have been issued and

there has been an increase in the number of nominations during the last few months of 2017. Ashley also has been working with leadership and the professional development team to create an article and poster about the TULIP recognition. She plans to present this concept at a professional conference.

Inova Fairfax Medical Campus (IFMC)

Transformational leaders advocate for the resources required to support nursing unit and organizational goals. In 2017, **Patricia Hill, MSN, RN, NEA-BC, CENP, CNO** successfully advocated for resources required to enable IFMC nursing to embark on their journey to Magnet® Excellence. Dedicated hours were budgeted for a new Shared Governance Model which includes Unit-based Practice Councils, Nursing Practice Congress Subcommittees and Nursing Practice Congress meetings. Additionally, dedicated resources for Professional Practice, a Nurse Residency Program was implemented and a Magnet® Program Director was hired in 2017.





Inova Fair Oaks Hospital (IFOH)

Transformational leaders advocate for resources and lead nursing practice and patient care to achieve goals. In 2017, **Deborah “Debbie” Fulbrook, BSN, RN, EdM, MHS, NEA-BC, CNO** advocated for resources to support IFOH to submit our Magnet® document for our third designation. Resources and dedicated hours were allocated to achieve this goal! Debbie advocated for resources to launch the Nurse Residency program at IFOH to support the transition of the new graduate into practice. Nurse leaders advocated for additional resources, equipment and technology to provide patient care.

Inova Loudoun Hospital (ILH)

2017 was a year of transition for ILH. We said goodbye to our transformational leader, **Lisa Dugan, PhD, MBA, RN, NEA-BC, CNO**, when she passed away in May 2017. Lisa had successfully led ILH through three Magnet® designations and developed a culture that supported nursing practice. We were fortunate that **Marissa Jamarik, DNP, RN, NEA-BC, CNO**, a transformational leader who “grew up” at ILH was available to step into Lisa’s shoes and continue to lead our organization and face the challenges in our ever-changing



world of healthcare. Dr. Jamarik has advocated tirelessly for the clinical mentor position at ILH in order to support our new hires and also has campaigned for additional equipment and technology, such as the Get Well Network.

Inova Mount Vernon Hospital (IMVH)

The **CNO, Dr. Alquieta Brown, PhD, RN** strategically positioned IMVH nursing to align with the health system’s key priorities through improving the nursing practice environment. By advocating for resources, nursing changed their staffing grids and were staffed to the matrix 99% of the time. She advocated for four clinical mentor positions to support onboarding of the new graduate nurse. In addition, IMVH Nursing developed a Quarterly Professional Development Program for the RN unit supervisors to support their growth in leadership.

 **99%** of the time
STAFFED TO THE MATRIX

Structural Empowerment

Inova Alexandria Hospital

In 2017, 76 professional development opportunities totaling over \$80,000 were reimbursed by the IAH Foundation. Clinical staff from the Cancer Center, Labor & Delivery, and Pharmacy benefitted. Due to the collaboration between the Foundation and Nursing Administration, this is an increase of 400% from 2016. In addition to professional development, over \$24,000 in scholarships was awarded to eight recipients by the IAH Foundation.

Inova Fairfax Medical Campus

The new Shared Governance Model developed and implemented at IFMC empowers and enables nurses at all levels across the organization to actively participate in decision-making structures and processes that establish standards of nursing practice and address opportunities for improvement. Communication is multi-directional with information shared at the unit as well as organizational level. Nurses at all levels are included in inter-professional councils, committees and task-forces.

Inova Fair Oaks Hospital

Shared Governance Councils at IFOH continue to focus on improving patient care and outcomes. Unit and hospital based councils work to improve the patient experience, support the professional development of the registered nurse, improve patient outcomes through process improvement and implementation of evidence-based practice projects. Through the support of the professional development council, over 92 nurses either obtained specialty certification or achieved RN3 or RN4 promotion in 2017. The clinical practice and safety council focused on improving workplace safety.

All shared governance councils work collaboratively with the interprofessional team to achieve identified goals and to improve the patient experience. Communication between the council is multi-directional with information shared at the unit as well as organizational level. Nurses at all levels are included in inter-professional councils, committees and task-forces designed to improve care and patient outcomes. Ongoing preceptor development has impacted the practice environment supporting the enculturation of new nurses to the organization.



Inova Loudoun Hospital

Nurses at all levels are included in Shared Governance Councils and Unit Practice Councils. The councils are designed to improve nursing care and patient outcomes as well as foster the growth and development of the professional nurse. In 2017, 47 nurses were promoted on the ADVANCE Clinical Ladder and 28 nurses were newly certified. Our Professional Practice Council sponsored an all-day Innovation conference, with topics ranging from Early Recovery After Surgery (ERAS) to the development of an Autism/Sensory Friendly environment in the Pediatric ED. This conference reached over 50 participants. At least 20 other nurses were able to attend professional



conferences, such as National Teaching Institute (NTI), Emergency Nurses Association (ENA), and Magnet® with the support of philanthropic funds donated by the Stavish Family.

Inova Mount Vernon Hospital

In support of continued professional development, 12 IMVH nurses attended a Med-Surg Certification review class in 2017 and the Rehab Department purchased an online certification review course for the RNs in that area. As of December 2017, 10 Rehab nurses passed their certification and three Med-Surg Nurses became Certified Medical-Surgical Registered Nurse (CMSRN). Three nurses from the Emergency Department (ED) obtained their Certified Emergency Nurse (CEN), and Perioperative Services had two newly certified nurses: one Certified Nurse Operating Room (CNOR) and one Medical Surgical Certification. Also, IMVH sent 15 nurses to various professional conferences throughout the year. Professional Practice developed and implemented a new graduate nursing onboarding program. We continue to support community outreach through monthly Blood Pressure screenings in the community.



Exemplary Professional Practice

Inova Alexandria Hospital

In 2017, a spike in Hospital Acquired Infections (HAIs) indicated drift from best practice, accentuating the need to address processes. Our novice workforce (70% of direct care nurses with two years experience or less) had little intentional education on preventing harm and were relying on novice preceptors. Nursing Essentials, a long-standing traditional day of learning for new nurses, included only 30 minutes on preventing harm and was evaluated for Need to Know and Nice to Know. We convened a multiprofessional team who expanded Nursing Essentials to two days with four hours of education specific to HAIs, comprised of didactic and simulation experiences. Additionally, preceptors were required to attend.

Refocusing education on preventing harm and providing skill assessments increased knowledge and improved quality metrics related to infections. This approach also highlighted the influence of nursing care on outcomes. To further integrate these concepts, the annual skills fair also focused on preventing harm. Annual Skills Fair was aligned with Preventing Harm to validate all nurses knowledge and skills of the evidence-based practices associated with infection prevention. Strategies behind restructuring created consistent application of best practices across care environments, supports premise of promoting a healing environment with positive patient outcomes.

Inova Fairfax Medical Campus

Utilizing the Inova Professional Practice Model, IFMC Nurses are achieving high quality patient care outcomes. Reductions in falls, hospital acquired pressure injuries, Central Line Associated Blood Stream Infections

(CLABSIs) and Catheter Associated Urinary Tract Infections (CAUTIs) illustrate the nurses' focus on exemplary clinical outcomes as the results of clinical practices grounded in evidence. Another example of an improved clinical outcome in 2017 is the significant reduction in time to electrocardiography (EKG) at the Reston ED. IFMC Nurses are also working to improve their practice environment while improving safety; a recent project in our Cardiovascular Intensive Care Unit (CVICU) focused on reduction of alarm fatigue through implementation of evidence-based critical alarm parameters. This resulted in a 30% reduction in the number of alarms per bed per day; equating to 40,000 less alarms per month.

Inova Fair Oaks Hospital

Utilizing the Inova Professional Practice Model, patients at IFOH continue to see exceptional patient outcomes. All nurse sensitive indicators consistently outperform benchmarks from other Magnet® facilities. The reduction or elimination of falls with injuries, hospital acquired pressure injuries, catheter associated urinary tract infection and catheter associated blood stream infections reflects the commitment of the IFOH nurse to patient safety and



implementing practices that are evidenced-based. Several units have gone greater than one year without any hospital acquired infection or pressure injuries. Nurses at all levels of the organization contribute to outstanding patient experience scores which outperform benchmark scores in domains that are influenced by nursing.

Inova Loudoun Hospital

With the Inova Professional Practice model guiding our care, the majority of units at ILH consistently outperformed the Magnet® mean benchmarks in the nursing sensitive indicators of falls with injury, Catheter Associated Urinary Tract Infections (CAUTI), Central Line Associated Blood Stream Infections (CLABSI) and Hospital Acquired Pressure Injuries (HAPI). Despite these excellent results, nursing units continue to focus

on zero harm. In the 2017 National Database of Nursing Quality Indicators (NDNQI®) Nursing Satisfaction survey, 14 of our 19 nursing units exceeded the Magnet® mean benchmark in the nine major domains, which include adequate staffing, manager/leadership, foundations for quality of care, hospital affairs participation, autonomy, RN to RN interaction, professional development opportunities and access, and interprofessional relationships.

Inova Mount Vernon Hospital

In 2017, IMVH nursing has met or exceeded targets on quality indicators – including CLABSI, CAUTI, Clostridium difficile (C. diff), and patient falls. Falls rate went from 2.59 in 2016 to 1.70 in 2017 which was the best in the Inova Health System. The two Med-Surg Units had a combined total of nine patient falls.



New Knowledge and Innovation

Inova Alexandria Hospital

Non-Ventilated Hospital-Acquired Pneumonia (NV-HAP) is a frequent and severe infection that can lead to increases in mortality and length of stay (LOS). Much attention is given to ventilator-associated pneumonia, however there is a lack of knowledge related to NV-HAP. To determine the extent of the issue at our facility, chart audits were performed on the designated inpatient unit for one calendar year. A bundle was developed by the inter-professional team utilizing risk factors identified in literature review and daily assessments. Over 100 patients were identified as high risk during the eight-week implementation period in 2017. Only two patients were identified as potential NV-HAP during the implementation period. This is a decrease of 66% when compared to the 2016 annualized expected rate and a 78% decrease compared to the same time period in 2016. As a result of these efforts, we’ve also achieved steady improvement in the “Attention to special/personal needs,” as captured in our patient experience scores.

Inova Fairfax Medical Campus

Integrating new knowledge and evidence into clinical practice is essential to continued professional development. Creating a culture of clinical inquiry requires that nurses continually ask questions about their practice. The Evidence-Based Nurse Residency Program implemented in October 2017, fosters a supportive environment enabling nurses to successfully transition to practice. Participation in the Inova System Evidenced-Based Practice (EBP) Fellowship Program also facilitates the acquisition of new knowledge and skills. Two new



graduates at IFMC created and implemented a pressure injury prevention bundle in the CCU in 2017 resulting in decreased hospital associated pressure injuries in their patient population.

Inova Fair Oaks Hospital

Nurses from IFOH consistently integrate evidence-based practice and research into their clinical practice. The nurses at IFOH express thanks to our colleagues in the Medical Library at Inova Fairfax Medical Campus who support our literature searches in an effort to identify best practices. Multiple evidenced-based practice projects were implemented at IFOH this year resulting in improved patient outcomes and experiences. Project results were disseminated both internally and externally at local, regional and national conferences. Research continues to be a focus including use of aromatherapy for pain control and nurses’ role in discharge planning for complex patients and impact on readmission rates.

Inova Loudoun Hospital

Magnet® Recognized organizations conscientiously integrate evidence-based practice and research into clinical and operational processes. This was evident at Inova Loudoun Hospital in 2017 with five ongoing research studies as well as three defined evidence-based practice projects. From dispelling the “sacred cow” that using a child’s IV for a blood draw would ruin the IV, to decreasing delirium in Intensive Care Unit (ICU), to using chewing gum to prevent an ileus, the culture of inquiry is supported and encouraged. Projects were disseminated via podium and poster presentations at local, regional and national conferences.



Inova Mount Vernon Hospital

IMVH nursing had four posters presented at the Inova Nursing Research and Evidence-Based Practice (EBP) Symposium conference in November 2017. The nurses from the Rehab units were awarded a grant to do an EBP project around the effects of structured discharge instructions as it relates to patient satisfaction and understanding. The team was awarded the best poster at the Inova Nursing Research and EBP Symposium. The project results showed significant improvement in Patient Satisfaction around discharge instructions.

Inova Chief Nursing Officers



Front row, left to right:

- Alquieta Brown, PhD, RN, MHSA**
Chief Nursing Officer
Inova Mount Vernon Hospital
- Fadia Feghali, MS, RN, NE-BC**
Chief Nursing Officer
Inova Alexandria Hospital
- Maureen E. Sintich, DNP, MBA, RN, WHNP-BC, NEA-BC**
EVP, Chief Nursing Officer
Inova Health System

- Debbie Fulbrook, EdM, MHS, BSN, RN, NEA-BC**
Chief Nursing Officer
Inova Fair Oaks
- Patricia J. Mook MSN, RN, NEA-BC, CAHIMS**
Chief Nursing Information Officer
Inova Health System

Back row, left to right:

- Nancy J. Loeffler, MHA, BSN, ACM, CCM**
Chief Nursing Officer
Inova Medical Group
- Marissa B. Jamarik, DNP, RN, NEA-BC**
Chief Nursing Officer
Inova Loudoun Hospital
- Patricia E. Hill, MSN, RN, NEA-BC, CENP**
Chief Nursing Officer
Inova Fairfax Medical Campus

Awards and Recognition



Inova Alexandria Hospital Recognition

Nursing Excellence Awards

Leigh Allen, BSN, RN, CMSRN – Rising Star

Maria Cachafeiro-Cavadas, BSN, RN, CMSRN – Clinical Management
Rachel Cathey, MEd, BSN, RNC
New Knowledge, Innovations and Improvements/Education and Mentorship

Fadia Feghali, MS, RN, NE-BC – Transformational Leadership/Advancing and Leading the Profession

Denise Hanneschlager, BSN, RN, CCRN, CSC - Exemplary Professional Practice/Clinical Nursing

Leonora Mendoza, BSN, RN
Volunteerism and Community Service

Daisy Awards

Katie Eichin, BSN, BS, RN4, CMSRN
Nancy Ganley, BSN, RN

Leah Martin, RN

Debi McQueen, BSN, RN

Ashley Rostek, BSN, RN4, CMSRN

Julie Scarborough, BSN, RN4, CEN

Lynn Turner-Moore, BSN, RN4C-OBC-FEM

2017 Speck Award for Excellence in Maternal-Child Nursing

Kacy Chongasing, BSN, RN4, RNC-OB

Presentations

*Attacking Surgical Site Infections
One Bug at a Time*

Mossey, L., BSN, RN, CCRN, CPAN;
Brady, J., DNP, RN, CAPA; Serra, R., BSN, RN, CAPA; Romano, G., RN, CAPA;
Lansing, M., BSN, RN; Stoehr, A., PhD, RN; [Poster] Inova Nursing Research & Evidence Based Practice Symposium, Falls Church, Virginia, November 14, 2017.

Development of a Tool with Increased Sensitivity to Capture Palliative Care
Zehner, L, MSN, RN, AOCN, AOCNS,
Cathey, R., MEd, BSN, RN-BC, Wilson, M., LSW, Cain, C., MPH; Kennedy, L., PhD, MSN, RN, RNFA, CNOR, CHPN, CHTP[Poster] Inova Nursing Research and EBP Symposium, Falls Church, Virginia, November 14, 2017.

Grow the Bones of An Education Plan: Professional Development for New and Seasoned Nurses

Drake, J., DNP, RN ONC, NPD-BC, National Association of Orthopaedic Nurses (NAON), March 9, 2017.



Re-Inventing Onboarding Through Harm Prevention

Boresky, D., DNP, MBA, BSN, RN, NE-BC, Drake, J., DNP, RN ONC, NPD-BC [Quality Improvement] Inova Nursing Research & Evidence Based Practice Symposium, Falls Church, Virginia, November 14, 2017.

Stress Management for Caregivers: Taking Care of Yourself Physically and Emotionally

Phillips-Pierre, J., MSN, RN [Poster] 2nd Annual Cancer Awareness and Education Workshop; Bovell Cancer Diabetes Foundation; Arima, Trinidad, November 13, 2017.

Sustaining an Education Program for Nurses Assisting Anesthesia with Blocks

Mossey, L., BSN, RN, CCRN, CPAN; Pagan, R., BSN, RN; Price, S., BSN RN; Debysingh, T., BSN, RN; Balagtas, R., BSN, RN, CAPA; Simone, J., BSN, RN [Poster] Inova Nursing Research & Evidence Based Practice Symposium, Falls Church, Virginia, November 14, 2017.

The Medical, Spiritual, Survivorship, Caregiving and Support Sides of Cancer: Effect on Prevention and Management

Phillips-Pierre, J., MSN, RN [Poster] 2nd Annual Cancer Awareness and Education Workshop; Bovell Cancer Diabetes Foundation; Arima, Trinidad, November 13, 2017.



The Molar, the Merrier: The Impact of a Focused Bundle to Reduce Non-Ventilated Hospital Acquired Pneumonia

Cathey, R., MEd, BSN, RN-BC; Mehan, D., BSN, BS, RN; Chiriboga, M., BSN, BA, RN; Boresky, D., DNP, RN, NE-BC; [Poster] VNA Nurse Staffing Summit, Hot Springs, Virginia, November 3-4, 2017. (Awarded Best EBP Poster).
Cathey, R., MEd, BSN, RN-BC, Chiriboga, M., BSN, BA, RN, [Poster] Inova Nursing Research & Evidence Based Practice Symposium, Falls Church, Virginia, November 14, 2017.

Publications

Wagner-Cox, P., Duhamel, H. M., Jamison, C. R., Jackson, R. R., MSN, RN-BC, CCRN, CCNS, CHTP, Fehr, S. T. (2017). Use of Noncontact Low-Frequency Ultrasound in Deep Tissue Pressure Injury: A Retrospective Analysis. *Journal Of Wound, Ostomy & Continence Nursing*, 44(4), 336. doi:10.1097A/VON.0000000000000342

New Degrees

Bachelors of Science in Nursing

Rabaka Akter, BSN, RN
Patrick Cooke, BSN, RN
Ashley Rostek, BSN, RN

Masters of Science in Nursing

Sharon Cobb, MSN, BSN, RN

Doctorate of Nursing Practice

Dorothy Boresky, DNP, RN, NE-BC

Scholarships

BSN Scholars

Kacy Chongasing, BSN, RN4, RNC-OB – The Speck Award for Nursing Excellence
Jeffrey Estevez, RN – The Inova Alexandria Medical Staff Clinical Advancement Scholarship
Karen Fuller, RN – Physician Nursing Scholarship
Sandy Johns, BSN, RN – The Speck Award for Nursing Excellence

Carla Martiniti LaLota, RN – The Twig Nursing Scholarship
Erika Pollack, BSN, RN – Inova Nursing Excellence Scholarship

MSN Scholars

Karen Jordan Fuller, BSN, RN - The Inova Alexandria Medical Staff Clinical Advancement Scholarship
Yeshi Gebremariam, BSN, RN – Inova Nursing Excellence Scholarship
Carmalina Hembrey, MSN, RN, CWOCN – The Teh-chang Shih Memorial Scholarship



Certifications

Certified Healing Touch Practitioner

Robin R. Jackson, MSN, RN-BC, CCRN, CCNS, CHTP

Certified Post Anesthesia Nurse

Rebecca Pagan, BSN, RN, CPAN
Sarah Price, BSN, RN, CPAN

Certified Wound Ostomy Continence Nurse

Annette Beadle, MSN, RN, CWOCN

Electronic Fetal Monitoring Certification

Lisa Effren, BSN, RN, C-FEM
Tiffani Fuller, BSN, RN, C-FEM
Kristiana Hausman, BSN, RN, C-FEM

Emergency Nursing

Erica Asamoah, BSN, RN, CEN
Eden Berhane, BSN, RN, CEN
Natalie Blanchetti, BSN, RN, CEN
Jackie Dehnert, BSN, RN, CEN
Julie Gullatt, BSN, RN, CEN
Holly Howe, BSN, RN, CEN
Shamil L Roman, BSN, RN, CEN

Family Nurse Practitioner

Shaima Kanak, RN, BSN, FNP-BC
Emily Kristen Taylor, MSN RN FNP-BC

International Board Certified Lactation Consultant

Chandra Burnside, BSN, RN, CNL, IBCLC

Medical Surgical Nursing

Leigh Allen, BSN, RN, CMSRN
Yenewud Belay, BSN, RN3, CMSRN
Cherry Cabatic, BSN, RN, CMSRN

Brittany Cook, BSN, RN, CMSRN
 Doreen Deyta, BSN, RN, CMSRN
 Nermala Vasu Diven, BSN, RN3, CMSRN
 Katie Eichin, BSN, BS, RN4, CMSRN
 Grace Gillette, BSN, RN, CMSRN
 Demeke Gisila, BSN, RN, CMSRN
 Lariza Mercado, BSN, RN, CMSRN
 Mervat Mohammad Alhaj, BSN, RN, CMSRN
 Carla Riley, BSN, RN, CMSRN
 Jocelyn Robinson, BSN, RN, CMSRN
 Sarah Rose, BSN, RN, CMSRN
 Ashley Rostek, BSN, RN, CMSRN
 Sun Scanlon, BSN, RN, CMSRN

Nursing Professional Development

Jennifer Drake, DNP, RN, ONC,
 NPd-BC



Registered Nurse 3

Brittany Cook, BSN, RN3, CMSRN
 Yenewud Belay, BSN, RN3, CMSRN
 Nermala Vasu Diven, BSN, RN3, CMSRN
 Christy Ferrell, BSN, RN3, CCRN, TNCC
 Aisha Fielding, BSN, RN3, CMSRN
 Sacha Han, BSN, RN3, RNC- OB
 Eunhee Park, BSN, RN3, VA-BC
 Linda Pfeiffer, RN3, IBCLC
 Rachel Roudik, BSN, RN3, C-EFM
 Lauren Winn, BSN, RN3, CMSRN

Registered Nurse 4

Marietta Cacace, BSN, RN4, RNC-OB
 Irenious Suglo, BSN, RN4, CEN
 Ruth Cerullo, RN4C-OB, C-EFM
 Katie Eichin, BSN, BS, RN4, CMSRN
 Kacy Chongasing, BSN, RN4, RNC-OB
 Laci Wallin, MSN, BPA, RN4-C-OB,
 IBCLC, C-EFM
 Ashley Rostek, BSN, RN4, CMSRN

Professional Organization Activities

Dorothy Boresky, DNP, MBA, RN,
 NE-BC – Sigma Theta Tau, Epsilon Zeta
 Chapter – Board Member

Jennifer Drake, DNP, RN, NPd-BC,
 ONC National Association of Orthopedic
 Nurses (NAON) – Taught Orthopaedic
 Nursing Certification Review Course:
 April – Chico, CA, September – Lewiston,
 ID, October – Baltimore, MD, November–
 Norfolk, VA

Lisa Hawksworth, MSN, RN, NEA-BC –
 Sigma Theta Tau, Epsilon Zeta Chapter
 Recording Secretary, July 2015 – present;
 published chapter Newsletter, maintained
 chapter website, took board meeting
 minutes

Lynette Juluke, MSN, RN, CPN –
 Lippincott, Williams & Wilkins – Pediatric
 Clinical Reviewer and Consultant

Linda Mossey, BSN, RN – Virginia
 Society of PeriAnesthesia Nurses – Ways
 and Means Committee

Dorine Ndayizigiye, LCSW – Virginia
 Board of Social Work – Licensed Clinical
 Social Worker

Rodica Sandor-Scoma, MD, RN, MHSA–
 American Healthcare Association/
 National Center for Assisted Living–
 National Quality Award Baldrige
 Evaluator

Karen Schaeffer, RN, BSN – Virginia
 Society of PeriAnesthesia Nurses – Gold
 Award Committee



Inova Fairfax Medical Campus Recognition

Nursing Excellence Awards

Minerva Abbas, RN, MS – Volunteerism
 and Community Service

Bianca Albertini, BSN, RN – Rising Star
 Sonia Astle, MS, RN, CCNS, CCRN,
 CNRN – Transformational Leadership/
 Advancing and Leading the Profession
 Eileen McCormack, FMPBC, RN,
 AOCNP – Exemplary Professional
 Practice/ Clinical Nursing

Kathy Mullen, RN, RN-BC, CMSRN –
 Clinical Management

Michelle Williams, BSN, RN, PCCN –
 New Knowledge, Innovations and
 Improvements/ Education and
 Mentorship

Daisy Awards

Logan Barrick, BSN, RN, PCCN
 Erin Burns, BSN, RN
 Elizabeth Cirillo, RN

James Eggleston, RN
 Tabitha Finley, BSN, RN
 Alysha Hughes, BSN, RN, CCRN
 Maria Lyles, BSN, RN
 Robin Pulkrabek, BSN, RN
 Tyler Stull, BSN, RN
 Laura Taggart, RN
 Victoria Wild, MSN, BSC, ASN, RN,
 ATCN
 Natalie Wright, BSN, RN

Presentations

*Implementing an Evidence-Based-
 Practice (EBP) Pressure Injury
 Prevention Bundle to Decrease the
 Number of Preventable Hospital-
 Acquired Pressure Injuries (HAPIs) in
 the Coronary Care Unit (CCU)*
 Nguyen, J., BSN; Patel, K., BSN, RN;
 Manriquez, E., BS, CNA; Bradley, P.,
 MSN, RN, CCRN; Hummer, K., BSN, RN,

CCRN-CSC; Savia, M., MSN, RN, CWON,
 Thilakawardana, U., BSN, RN, Taylor,
 S., BSN, RN. [Poster] Inova Nursing
 Research Symposium and EBP, Falls
 Church, Virginia, November 14, 2017
 (Awarded Best EBP Poster); [Poster]
 Washington Regional Nursing Research
 Consortium (WRNRC) 8th Annual
 Doctoral Conference, Catholic University,
 Washington DC, November 16, 2018.

Interprofessional Simulation and Crisis

Management in the Perioperative Area
 Hillberry, C.R., MSN, CHSE; Moriarity, M.,
 DNP, Wu, P., MD; Graling, P., DNP, RN,
 FAAN; Jones, E., MSN, RN; Piscitani,
 F., Trickey, A., PhD, MS, CPH; Walker, L.;
 Liu, C.; Haynes, D., MPH. [Poster] Inova
 Research Symposium, Falls Church,
 Virginia, November 14, 2017.

New Degrees

Bachelors of Science in Nursing

Ashleigh Brown, BSN, RN, CPHON
 Pam Caswell, BSN, RN
 Emily Cremeans, BSN, RN
 Valarie Delaplaine, BSN, RN
 Julie Dubuc, BSN, RN,
 Magdalene Greaney, BSN, RN, CPN
 Fatima Koroma, BSN, RN
 Sheila Kuders, BSN, RN, CARN
 Debbie Shepherd, BSN, RN



Masters of Science in Nursing

Naseem Akhtar, MSN, RN
 Karen Dorr, MSN, RN-BC
 Erin Hodson, MSN, RN
 Karen Mitchell, MSN, RN
 Jacqueline Tibbetts, MSN, RN, CPAN
Doctorate of Nursing Practice
 Cherry Lynne Maliksi, FNP, BSN

Scholarships**BSN Scholars**

Elisabeth Hilaire, RN3 – Gail Ahrendts Memorial Scholarship
 Ida Harvey, Clinical Technician – Inova Nursing Excellence Scholarship
 Louann Robinson, BSN, RN, CCRN– Inova Nursing Excellence Scholarship
 Karen Kelly, BSN, RN – Inova Nursing Excellence Scholarship
 Alicia Talley, RN – Inova Nursing Excellence Scholarship

MSN Scholars

Jessica Fajfar, BSN, RN, CPEN, TCRN - Inova Nursing Excellence Scholarship
 Katherine Garity, RN3 – Inova Nursing Excellence Scholarship
 Jessica Gibson, BSN, RN, CCRN – Inova Nursing Excellence Scholarship
 Shannon Lewis, MA, BSN, RN, ACM - Inova Nursing Excellence Scholarship
 Rebecca Petros, BSN, RN, PCCN – Inova Nursing Excellence Scholarship
 Alicia Tigges, BSN, RN – Inova Nursing Excellence Scholarship

Certifications**Cardiac Surgery Certification**

Jeremy Heller, BSN, RN, CSC

Cardiovascular RN

Jennifer Fabian, BSN, RN, CVRN
 Leslie Johnson, RN, CVRN

Case Management Certification

Shannon Lewis, ACM-RN
 Rosanna Farrell, ACM-RN

Certified Addictions RN

Janejira Wilailak, BSN, RN, CARN

Certified Emergency Nurse

Elizabeth Balun-Manente, RN, CEN
 Jennifer Beck, BSN, RN, CEN
 Emily Collins, RN, CEN
 Kelly Jaglowski, RN, CEN
 Ethan Newham, RN, CEN
 Andrew Rozsa, BSN, RN, CEN
 Lauren Schwindt, RN, CEN
 Chelsea Sowder, BSN, RN, CEN
 Rachel Willey, BSN, RN, CEN
 Amara Young, BSN, RN, CEN

Certified Executive Nursing Practice

Patricia Hill, MSN, RN, NEA-BC, CENP

Certified Healing Touch

Naseem Akhtar, BSN, RN, HTCP
 Maureen Holt, RN, CHTP

Certified Elec Fetal Monitoring

Kristen Bernfeld, BSN, RN, C-EFM
 Susannah Grimes, BSN, RN, C-EFM
 Elizabeth Hebner, BSN, RN, C-EFM
 Amanda Lazisky, BSN, RN, C-EFM
 Diane Sarosi, BSN, RN, C-EFM
 Dominique Shanks, BSN, RN, C-EFM
 Brittany Slahetka, BSN, RN, C-EFM
 Ariel West, BSN, RN, C-EFM

**Certified Medical Interpreter**

Jenifer Castro, BSN, RN, CCMi
 Veronica Artiga Guandique, RN, CCMi
 Rosa Holt, BSN, RN, CMMI
 Christy Lee, RN, CCMi
 Sopheavy Lim, BSN, RN, CCMi
 Omar Rodriguez, BSN, RN, CCMi
 Tae Yoon Seo, BSN, RN, CCMi

Certified Medical-Surgical RN

Rachel Brown, MSN, RN, CMSRN
 Eugina Chin, BSN, RN, CMSRN
 Elizabeth Gibbemeyer, BSN, RN, CMSRN
 Nicole Goitia, BSN, RN, CMSRN
 Catherine Han, BSN, RN, CMSRN
 Marie Kaufmann, BSN, RN, CMSRN
 Miyeoung Kim, RN, CMSRN
 Supansa Kitjaroen, BSN, RN, CMSRN
 Magreth Kombe, BSN, RN, CMSRN
 Heather Lee, BSN, RN, CMSRN
 Kristianna Pearson, BSN, RN, CMSRN
 Sun Scanlon, BSN, RN, CMSRN
 Jose Robinson Simbulan, RN, CMSRN
 Shanta Subedi, BSN, RN, CMSRN
 Shashu Teklu, BSN, RN, CMSRN
 Honey Lou Vedar, BSN, RN, CMSRN

Certified Nurse Leader

Athena Balanou, RN, CNL

Certified Operating Room Nurse

Alyssa Clevenger, BSN, RN, CNOR
 Justine Critchley, BSN, RN, CNOR
 Maria Diez, BSN, RN, CNOR
 Chante Greene, BSN, RN, CNOR
 Anna Halliday, BSN, RN, CNOR
 Samantha Herbert, BSN, RN, CNOR
 Kerry Monaghan, BSN, RN, CNOR
 Haelim Na, BSN, RN, CNOR
 Michelle Naumuk, RN, CNOR
 Nicole Schneider, BSN, RN, CNOR
 Kiran Sherpa, BSN, RN, CNOR
 Angela Wasson, BSN, RN, CNOR

Certified Ostomy Care Nurse

Mary Savia, BSN, RN, COCN

Cert Pediatric Emergency Nurse

Kristina Deguel, RN, CPEN
 Amanda Hafeman, BSN, RN, CPEN
 Deborah Hermes, BSN, RN, CPEN
 Kelsey Kelley, BSN, RN, CPEN
 Bayli Long, BSN, RN, CPEN
 Kamry Mackison, RN, CPEN
 Lindsay Resnik, BSN, RN, CPEN
 Amber Wolfe, RN, CPEN

Certified Pediatric Nurse

Marjorie Athey, BSN, RN, CPN
 Dristi Basnet, RN, CPN
 Jeannette Bassett, BSN, RN, CPN
 Emily Bohnsack, RN, CPN
 Cortney Brown, BSN, RN, CPN
 Emily Burns, BSN, RN, CPN
 Lauren Flores, BSN, RN, CPN
 Mariane Guico, BSN, RN, CPN
 Gianna Jarrett, BSN, RN, CPN

Rachael Jones, BSN, RN, CPN

Brach Mccurry, RN, CPN

Lauren Rhodes, RN, CPN

Nguyet Tran, BSN, RN, CPN

Certified Post Anesthesia Nurse

Whitney Hancock, BSN, RN, CPAN

Certified Psych Mental Health Nurse

Angela Alexei, BSN, RN, CPMHN

Certified Six Sigma Green Belt

Eyad Abdel Latif, MSN, RN, CSSGB

Certified Stroke Registered Nurse

Katherine Garity, BSN, RN, CSRN

Certified Wound Care Nurse

Lisa-Beth Leary, BSN, RN, CWCN



Critical Care Nursing Cert

Rachel Allen, BSN, RN, CCRN
 Christine Beatty, BSN, RN, CCRN
 Bridgette Botha, RN, CCRN
 Hannah Burzumato, RN, CCRN
 Melanie Caiazza, BSN, RN, CCRN
 Jessica Cash, BSN, RN, CCRN
 Gulnara Charipova, BSN, RN, CCRN
 Esther Cheon, BSN, RN, CCRN
 Caroline Clevenger, BSN, RN, CCRN
 Kelly Curtis, RN, CCRN
 Kelly Duda, BSN, RN, CCRN
 Alison Fierst, BSN, RN, CCRN
 Jessica Gibson, BSN, RN, CCRN
 Rachel Granholm, RN, CCRN
 Shanna Guzman, BSN, RN, CCRN
 Keziah Gyimah, BSN, RN, CCRN
 Katelyn Haughinberry, BSN, RN, CCRN
 Amanda Hendrix, BSN, RN, CCRN
 Rosalie Huntington, RN, CCRN
 Michael Imomoh, RN, CCRN
 Brandy Jenkins, RN, CCRN
 Kellie Ketelsen, BSN, RN, CCRN
 Chaeryung Kim, RN, CCRN
 Jenny Kim, BSN, RN, CCRN
 Heather Kotlyn, BSN, RN, CCRN
 Addila Merrill, RN, CCRN
 Hung Nguyen, BSN, RN, CCRN
 Ashley Parra, BSN, RN, CCRN
 Megan Paukstitus, RN, CCRN
 Hannah Pearson, BSN, RN, CCRN
 Mindy Prouty, RN, CCRN
 Latanya Rose, RN, CCRN
 Hayleigh Royston, BSN, RN, CCRN
 Kimberly Segna, BSN, RN, CCRN
 Sana Sethi, BSN, RN, CCRN
 Kelsey Smart, RN, CCRN

Dellora Swartz, RN, CCRN
 Shannon Taylor, RN, CCRN
 Colleen Vanak, RN, CCRN
 Jamie Weaver, BSN, RN, CCRN
 Naleen West, BSN, RN, CCRN
 Elise Wright, RN, CCRN
 Ashley Young, BSN, RN, CCRN

Critical Care RN Pediatrics

Chelsea Gray, RN, CCRN, PEDS

Int Board Cert Lact Consult

Allison Clarin, BSN, RN, IBCLC
 Natalya Koldoff, BSN, RN, IBCLC

Maternal Newborn RN

Stephanie Canales, BSN, RN, MNRN

Oncology Cert Nurse

Suzanne Bellis, RN, OCN
 Victoria Hadley, BSN, RN, OCN
 Katherine Kellum, RN, ONC
 Thuy Nguyen, RN, ONC
 Elisa Sachs, RN, OCN

Pain Mgt RN - Board Certified

Patricia Green, BSN, RN-BC

Progressive Care Cert Nurse

Lara Abou-Rejailli, BSN, RN, PCCN
 Brandi Bailey, BSN, RN, PCCN
 Jennifer Cann, BSN, RN, PCCN
 Jessica Clough, BSN, RN, PCCN
 Nelly Dohuuduc, BSN, RN, PCCN
 Lindsey Garey, BSN, RN, PCCN
 Amy Gray, BSN, RN, PCCN
 Stephanie Hancock, BSN, RN, PCCN
 Laura Mattox, BSN, RN, PCCN
 Sosthene Ndomo Mballa, BSN, RN, PCCN

Jennifer-Marie Renom De La Baume, RN, PCCN
 Puja Wadhwa, BSN, RN, PCCN
 Alison Wingo, BSN, RN, PCCN
 Maria Young, RN, PCCN

RN Board Cert All Specialty

Sarah Siegel, BSN, RN-BC

RN Board Cert Medical Surgical

Jacqueline Magill, BSN, RN-BC

RN Cert- Inpt OB Nursing

Tomiko Bell-Harrigan, BSN, RNC-OB
 Michelle Champlin, BSN, RNC-OB
 Daphne Estill, BSN, RNC-OB
 Angela Graham, BSN, RNC-OB
 Marian Pascoe, BSN, RNC-OB
 Lindsay Porter, BSN, RNC-OB

RN Cert Neonatal Int Care

Blair Augustyn, RNCNIC
 Rebecca Cohen, RNCNIC
 Melissa Devine, BSN, RNCNIC
 Samantha Feldman, RNCNIC
 Amy Fraedrich, BSN, RNCNIC
 Jessica Hampf, BSN, RNCNIC
 Sarah Herbst, BSN, RNCNIC
 Jennifer Kesner, RNCNIC
 Lashay Newman, BSN, RNCNIC
 Tiffany Riley, RNCNIC
 Caitlyn Veith, BSN, RNCNIC
 Laura Welsh, BSN, RNCNIC
 Kelly Williams, RNCNIC

Stroke Certified RN

Alyssa Caudle, BSN, RN, SCRNI
 Manju Paudel, BSN, RN, SCRNI

Trauma Cert Regis Nurse

Kelly Buckley, BSN, RN, TCRN
 Jessica Fajfar, RN, TCRN
 Sondra Fleming, BSN, RN, TCRN
 Megan Harvey, BSN, RN, TCRN
 Rebecca Himler, BSN, RN, TCRN
 Jenna Mcrae, RN, TCRN
 Jungwon Shin, BSN, RN, TCRN
 Hope Smith, BSN, RN, TCRN

Vasc Access Board Certified

John Diemer, BSN, RN, VA-BC
 Bomdod Zargarani, BSN, RN, VA-BC

**Registered Nurse 3**

Lara Abou-Rejaib, BSN, RN
 Blair Augustyn, RNCNIC
 Logan Barrick, BSN, RN, PCCN
 Amanda Blue, RN, CPN
 Bridget Botha, BSN, RN, CCRN
 Jennifer Cann, BSN, RN
 Heather Carvalho, BSN, RN
 Rebecca Cohen, RN
 Margaret Coleman, BSN, RN
 Ashley Crowther, BSN, RN-C
 Nadyne Deary, BSN, RN, CPN
 Melissa Devine, BSN, RN
 Samantha Feldman, BSN, RN
 Katheine Garity, BSN, RN
 Nicole Goitia, BSN, RN
 Amy Gray, BSN, RN
 Susannah Grimes, BSN, RN
 Jessica Hampf, BSN, RN
 Catherine Han, BSN, RN
 Amanda Hendrix, RN
 Lisa Hughes, BSN, RN

Kaitlyn Jackson, BSN, RN, CCRN
 Kelly Jaglowski, BSN, RN, CEN
 Gianna Jarrett, BSN, RN, CPN
 Deirdre Jones, BSN, RN
 Jennifer Kesner, RN
 Jenny Kim, BSN
 Kyoungho Kim, RN
 Anne-Marie King, BSN, RN, CCRN
 Jessica Li, BSN, RN, CPN
 Marianne Lindholm, RN, CEN
 Theresa Magnotti, BSN, RN, PCCN
 Alyssa McDonnell, RN, CPN
 Julie Mitchell, BSN, RN, CAPA
 Katie Mitchell, RN, PCCN
 Sy Na, RN, PCCN
 Frances Nerdahl, RN
 Marian Pascoe, RNC-OB
 Mary Ann Patricio, RN, CNOR
 Kristianna Pearson, BSN, RN
 Ashley Perel, RN, CEN
 Tiffany Riley, RN
 Tara Robisch, BSN, RN
 Mary Beth Robison, BSN, RN
 Hayleigh Royston, BSN, RN
 Diane Sarosi, BSN, RN
 Lauren Schwindt, RN
 Brittany Slahetka, BSN, RN
 Irina Sukhanova, RN
 Shashu Teklu, BSN, RN
 Jacqueline Tibbetts, BSN, RN, CPAN
 Caitlyn Veith, BSN, RN
 Marlena Villar, BSN, RN
 Pamela Weldon, RN
 Ariel West, BSN, RN
 Rachel Wiley, BSN, RN, CEN
 Michelle Williams, BSN, RN, PCCN
 Madeline Wilson, BSN, RN, CCRN
 Erin Wilson, BSN, RN



Allison Wingo, BSN, RN
 Amara Young, BSN, RN, CEN
 Maria Young, RN, PCCN

Registered Nurse 4

Sarah Aiken, BSN, RN
 Rebecca Alabi, BSN, RN
 Samantha Ashwell, BSN, RN
 Caitlin Barefoot, BSN, RN, CEN
 Rachel Brown, MSN, RN, CMSRN
 Holly Bull, RN
 Jenah Burke, BSN, RN, CCRN, PCCN
 Melanie Caiazza, BSN, RN, CMSRN
 Katie Callahan, BSN, RN, CPN
 Stephanie Canales, RNC-MMN
 Courtney Caton, BSN, RN
 Katherine Chromey, BSN, RNC-OB
 Kelly Coble, BSN, RN
 Randi Colclough, BSN, RN, CPN
 Shannon Denham, RN
 Nelly Dohuuduc, BSN, RN

Kelly Duda, BSN, RN
 Miriam Faunda, BSN, RN, CPAN, CEN, CPEN, CAPA
 Amy Fraedrich, BSN, RN
 Mary Gorman, BSN, RN
 Elizabeth Hebner, BSN, RN, C-EFM
 Jennifer Heenan, BSN, RN, CAPA
 Lucy Hull, BSN, RN, CPN
 Michael Jensen, BSN, RN
 Kelsey Kelley, BSN, RN, CPN
 Shova Mahat, BSN, RN
 Tiffany Meakins, BSN, RN, CCRN
 Ana Mosquera, BSN, RN, CPN
 Jim Mullenix, RN, CCRN
 Nicole Oakes, BSN, RN, CMSRN
 Norine Peralta, RN, CMSRN
 Thu Pham, RN
 Tayna Reynolds, BSN, RN, CCRN
 Shannon Sabanosh, BSN, RN, CEN
 Ma Simonette Saldana, BSN, RN, CMSRN
 Kelsey Smith, BSN, RN, CNLC
 Shanta Subedi, RN
 Molly Swain, RN
 Whitney Thomas, BSN, RN, PCCN
 Shannon Thompson, BSN, RN, PCCN
 Callie Tomczack, BSN, RN, CCRN



Taylor Trenner, BSN, RN, CEN
 Kelly Vornadore, BSN, RN
 Faustine Zamora, BSN, RN

Professional Organization Activities

Jamie Ayoub, MSN, RN, ACM-RN -
 American Case Management Association
 – Milliman Care Guidelines - Milliman Care
 Guidelines Utilization Review Certification



Inova Fair Oaks Hospital Recognition

Nursing Excellence Awards

Larissa Curto, BSN, RN, C-EFM – Rising Star
 Kimberly Dillon, BSN, RN, CEN – Clinical Management
 Katie Hile, MSN, RN, ONC, NE-BC – Transformational Leadership/Advancing and Leading the Profession
 Chelsea Koser, BSN, RN, RN-BC – Exemplary Professional Practice/Clinical Nursing
 Laura McNicholl, MS, RN, RN-BC, CCNS - New Knowledge, Innovations and Improvements/Education and Mentorship
 Erica Vaughan, BSN, RN, CAPA – Volunteerism and Community Service

Daisy Awards

Robert Foreman, AD, RN, CCRN
 Jennifer McKeever, MSN, RN, BS, CPN
 Allison Quinlin, BSN, RN, RN-C
 Myrna Pebenito, BSN, RN

Presentations

A Quality Improvement (QI) Project Aimed at Reducing Unnecessary Sepsis Evaluations and Antibiotic Exposure by Standardizing Care and Hardwiring Automated Discontinue Orders for Antibiotics in the Neonatal Intensive Care Unit (NICU), [Poster] McCaughey, J., MSN, BS, RN, RN-MNN, CCE, Spurr, S. MD, Silk, A. MD, Fuller, P., MSN, RNC-NIC, CPN/SNP, Soto, W., BSN, RN, RN-C, Hargrave, J., BSN, RN, RNC-NIC, Miles,

C., BSN, RN, RNC-LRN, Jornaes, RA, BSN, RN, RNC-LRN, Patrello, C., BSN, RN, RNC-NIC, VHHA Patient Safety Summit, Richmond, Virginia, February 1-3, 2017.

Concepts in Palliative Care

Kennedy, L, PhD, RN, MSN, CNOR, CHPN, HTI-P, Inova Alexandria Hospital Auditorium, Alexandria, Virginia, July 6, 2017; and August 12, 2017.

Feasibility Study: Surgical Site Infection and Multi Drug Resistant Organism and c-Diff (NDNQI®)

Collins, F., MSN, RN, CCRN-K, Inova Fair Oaks Research Council, Fairfax, Virginia, December 7, 2017.



Keeping Our Patient Safe: Strengthening Safe Medication Administration Practices

McCaughey, J., MSN, BS, RN, RN-MNN, CCE, Zelkin, R., BSN, RN, MAOM, CEFM, RNC-OB, Buchanan, A., BSN, RN, RNC-OB, Miller, T., AD, RN, RNC-MNN, Collins, F., MSN, RN, CCRN-K, Hodges, W., MD, Pickford, L., MD, Inova Research Symposium, Falls Church, Virginia, November 14, 2017.

Implicit Bias and Palliative Care

Kennedy, L, PhD, RN, MSN, CNOR, CHPN, HTI-P, Inova Alexandria Hospital, Alexandria, Virginia, August 31, 2017.

Nurses Improving Healthcare for Healthsystem Elders (NICHE) Journey Starting Small Ending Big

Irvine, J., BSN, RN, RN-C, Hile, K., MSN, RN, ONC, NE-BC, NICHE Conference, Chicago, Illinois, April, 20, 2017.

NICU Golden Hour

Bryant, C., BSN, RN, RNC-NIC, Inova Fair Oaks Hospital OB Department Meeting, Fairfax, Virginia, December 20, 2017.

Palliative Care, Hospice and Advance Directives

Kennedy, L, PhD, RN, MSN, CNOR, CHPN, HTI-P, AWHONN, Innovation Conference, Leesburg, Virginia, October 27, 2017.

Palliative Care in Women's Health

Kennedy, L, PhD, RN, MSN, CNOR, CHPN, HTI-P, AWHONN, Inova Center for Personalized Health, Fairfax, Virginia, March 25, 2017.

Perceived Barriers to, and Attitudes Toward on Shift Restorative Napping

Hargrave, J., MSAN, RN, RN-NIC, Inova Research Symposium, Falls Church, Virginia, November 14, 2017.

READI (Readiness Evaluation and Discharge Interventions) Study

Gibbons, M., MSN, RN, NE-BC, IFOH Research Council, Fairfax, Virginia, December 2017

Reducing Catheter Associated Urinary Tract Infections During Maintenance Phase

Lindgren, V., MSN, RN, CCRN, CCNS, Dean, N., BS, RRT, RCP, Belkoski, D., BSN, RN, CIP, CCRN-K, Collins, F., MSN, RN, CCRN-K, Irani, E., MSN, RN, CCRN, Ayala, M., BSN, RN, Myung, S., BSN, RN, Antunes, C., BSN, RN, [Poster] Reston Hospital 13th Annual Spring into Research Conference, Reston VA, May 19, 2017.

Reducing Noise at Night

McNicol, L., MS, RN, RN-BC, CCNS, Hudtloff, J., Press Ganey Conference, Orlando, Florida, November, 7, 2017

Reducing the Incidence of Hospital Acquired Pressure Injuries, Related to Continuous Positive Airway Pressure (CPAP)/ Bilevel Positive Airway Pressure (BiPAP) Masks

Arundel, L., MSN, RN, CWOCN, Irani, E., MSN, RN, CCRN, Lindgren, V., MSN, RN, CCRN, CCNS, Collins, F., MSN, RN, CCRN-K, Barkema, G., BS, RRT, RCP, Dean, N., BS, RRT, RCP, Ianacone, B., BSN, RN [Poster] Mid-Atlantic Region

Wound Care Conference, Fredrick, Maryland, October 13-14, 2017. (Awarded First Place Poster)

[Poster] Spotlight on Critical Care, Annapolis Maryland, October 28, 2017. (Awarded Best Poster) Inova Research Symposium, Falls Church, Virginia, November 14, 2017.

Publications

Brunner & Suddarth's Textbook of Medical Surgical Nursing. McCaughey, J., MSN, BS, RN, RN-MNN, CCE, Chapter 57 Management of Patients with Female Reproductive Disorders, p. 1686, 14th edition, Wolters Kluwer, Philadelphia, Pennsylvania.

Wolters Kluwer; Lippincott, Textbook of Medical-Surgical Nursing (2017) Kennedy, L., PhD, MSN, RN, RNFA, CNOR, CHPN, CHTP Chapter 17, 18 & 19; Unit 4; 14th Ed. Pages 478-669 Wolters Kluwer, Philadelphia, Pennsylvania.

New Degrees

Bachelors of Science in Nursing

Lisa Thornley, BSN, RN
Leslie Meyer, BSN, RN
Kim Bell, BSN, RN
Becky Crockett, BSN, RN
Catherine Zimmerman, BSN, RN
Behishta Ishanzai, BSN, RN
Megan Bullock, BSN, RN

Masters of Science in Nursing

Linda Arundel, MSN, RN, CWOCN
Sarah Newhall, MSN-FNP, RN
Donna Thomas, MSN, RN

Scholarships

BSN Scholars

Theresa Wanner, BSN, RN – Inova Nursing Excellence Scholarship

MSN Scholars

Candace Hall, BSN, RN – Inova Nursing Excellence Scholarship

DNP Scholars

Priscilla Trewartha, BSN, RN – Toups Doctoral Scholarship

Certifications

Certified Ambulatory Perianesthesia Nurse

Hannah Hong, BSN, RN, CAPA

Certified Bariatric Nurse

Carmen Spencer, BSN, RN, CCRN-K, CBN

Certified Emergency Nurse

Jana, Caldwell, BSN, RN, CEN
Danielle Desilvis-Sapsford, BSN, MsED, RN, CEN
Kathleen Lawlor, BSN, RN, CEN
Elizabeth Moran, BSN, RN, CEN
Hayley Stiles, BSN, RN, CEN
Laura Strauss, BSN, RN, CEN

Certified Gastrointestinal Registered Nurse

Jamie Alter, BSN, RN, CGRN

Certified Nurse Operating Room

Janelle Cunningham, BSN, RN, CNOR
Emily Shaffer, BSN, RN, CNOR

Certified Pediatric Nurse

Catharine Dwyer, BSN, RN, CPN
Sara Geyer, BSN, RN, CPN
Margaret O'Toole, BSN, RN, CPN
Rebecca Whitacre, BSN, RN, CPN

Certified Post Anesthesia Nurse

Hannah Lee, BSN, RN, CPAN

Critical Care Registered Nurse

Christine Nguyen, BSN, RN, CCRN
Anh Phuong Nguyen, BSN, RN, CCRN
Kimberly Ridgeway, BSN, RN, CCRN

Electronic Fetal Monitoring

Larissa Curto, BSN, RN, C-EFM
Will Mansell, BSN, RN, C-EFM
Hannah Maurer, BSN, RN, C-EFM
Katherine Putnam, BSN, RN, C-EFM

Inpatient Obstetric Nursing

Lani Brown, MSN, RN, RNC-OB
Catherine Gacheru, BSN, RN, RNC-OB

Maternal Newborn Nursing

Margaret Conte, AD, RNC-MNN
Patricia Ewers, BSN, RN, RNC-MMN
Michelle Gilliland, AD, RNC-MNN

Nicole Grace, BSN, RN, RNC-MNN
Marita Rea, BSN, RN, RNC-MMN
Stepanie Williams, BSN, RN, RNC-MNN

Neonatal Intensive Care Nursing

Remyann Jorales, BSN, RNC-NIC

Nurse Executive - Board Certified

Fernando Conde, BSN, RN, NE-BC
Katie Hile, MSN, RN, ONC, NE-BC

Orthopedic Nurse Certified

Heather Rizzo, BSN, RN, ONC

Progressive Care Nursing

Melissa Fincham, BSN, RN, PCCN
Amanda Khu, BSN, RN, PCCN
Brittany Manosalvas, BSN, RN, PCCN

Registered Nurse Board Certified

Joelle Lepone, BSN, RN, RN-BC, ONC

Registered Nurse Board Certified Gerontology

Jessica Harasek, MSN, RN, CAHMIS, RN-C
Laura McNicholl, MS, RN, RN-C, CCNS
Allison Quinlan, BSN, RN, RN-BC



Registered Nurse Board Certified Medical-Surgical

Sunita Adhikari, BSN, RN, RN-BC
Chelsea Koser, BSN, RN, RN-BC

Registered Nurse Board Certified Pain Management

Amy Thurston, BSN, RN, RN-BC



Registered Nurse 3

Cecilia Deperio, BSN, RNC-NIC
Danielle DeSilvis-Sapsford, MS, BSN, RN, MED, CEN
Catharine Dwyer, BSN, RN, CPN
Laura Erim, BSN, RN, IBCLC

Megan Fitzgerald, BSN, RN, RNC-MNN
Ryan Gebert, BSN, RN, CPN
Julie Gordon, MSN, RN, CCRN
Renee Heath, BSN, RN, CBN
Chelsa Koser, BSN, RN, RN-BC
Kate Lawlor, BSN, RN, CEN
Brittan Manosalvas, BSN, RN, PCCN
Jennifer McCabe, BSN, RN, CPN, CPON
Elizabeth Moran, BSN, RN, CEN
Patricia Ojeda, BSN, RN, RNC-LRN
Margaret O'Toole, BSN, RN, CPN
Jessica Patterson, BSN, RN, RNC-NIC
Lisa Perry, BSN, RN, RNC-MNN
Lynne Quigley, BSN, RN, CEN
Sarah Siegal, BSN, RN, RN-BC
Sharon Stanchi, MSN, RN, IBCLC
Erica Vaughan, BSN, RN, CAPA
Rebecca Whitacre, BSN, RN, CPN
Sarah Wolf, BSN, RN, CMSRN

Registered Nurse 4

Amy Bohoslav, BSN, RN, OCN
Vicky Bouchard, BSN, RN, RNC-OB
Candice Coleman, BSN, RN, CEN
Leah Coughlin, BSN, RN, CPAN
Cecilia Deperio, BSN, RNC-NIC
Danielle DeSilvis-Sapsford, BSN, RN, MS, MED, CEN
Kimberly Dillon, BSN, RN, CEN
Stephanie Fitch, BSN, RN, CEN, TCRN
Amber Fleming, BSN, RN, CEN
Elizabeth Harding, BSN, RN, CEN
Jacquelyn Hoffer, BSN, RN, CEB
Stephanie Imamura, MSN, RN, RNC-MNN
RemayAnn Jornales, BSN, RN, RNC-NIC
Jennie Kim, BSN, RN, CPAN
Meskerem "Zer" Luebbe, BSN, RN, CMSRN
Cynthia Miles, BSN, RN, RNC-LRN
Elizabeth Moran, BSN, RN, CEN
Margaret O'Toole, BSN, RN, CPN
Rebecca Ralston, BSN, RN, CEN,

Professional Organization Activities

Vicki Lindgren, MSN, RN, CCRN, CCNS
American Association of Critical Care Nurse Chapter Awards Review Panelist
Vicki Lindgren, MSN, RN, CCRN, CCNS
American Association of Critical Care Nurse Pharmacology 2.0 Lesson Review Panelist



Inova Loudoun Hospital Recognition

Nursing Excellence Awards

Yim Belote, BSN, RN3, CCRN – Volunteerism and Community Service
Julie Costanzo, BSN, RN4, RNC-OB – Clinical Management
Amanda Golino, MSN, RN, CCNS, CCRN, RN-BC – New Knowledge, Innovations and Improvements/ Education and Mentorship
Gina Harrison, MSN, RN, CPEN, NE-BC, CEN – Transformational Leadership/ Advancing and Leading the Profession
Christine Lynch, BSN, RN4, CMS – Rising Star
Serena McReynolds, BSN, RN4, CPEN – Exemplary Professional Practice/Clinical Nursing

Daisy Awards Individual Awards

Shannon Cox, ASN, RN
Lisa Dundas, BSN, RN
Johanna Emory, BSN, RN, CEN
Tammy Fitch, BSN, RN3, CCRN
Jessica Haas, BSN, RN
Mary Christy Hogan, RN3, RNC-OB
Shelby Howell, BSN, RN
Ruth Ann Jewell, ASN, RN3, CPEN
Diane Litwin, BSN, RN
Kathy Ketrick, BSN, RN4, PCCN
Shirin Nikzad, BSN, RN
Olivia Page, BSN, RN
Christina Pool, BSN, RN
Amanda Robey, BSN, RN
Erin Rovelli, BSN, RN
Victorina Sapla, BSN, RN
Jane Trachsel, BSN, RN
Chelsea Verdin, BSN, RN

Team Awards

OR Team

Division of Nursing Award Individual Awards

Stephanie Boese, BSN, RN3, CCRN – Transformational Leadership
Kristelle Toone, MSN, RN4, CCRN – New Knowledge
Amy Gillam, MSN, RN4, CCRN – New Knowledge
Beverly Russo, BSN, RN – Community Service
Mary O'Brien, RNC-OB – Preceptor

Team Awards

ICU Seriously Delirious Team – Evidence Based Practice/Unit Practice Council
MSU and Pediatrics – Cross-Boundary Teams

Emergency Nurse Association National Nurse Manager Award

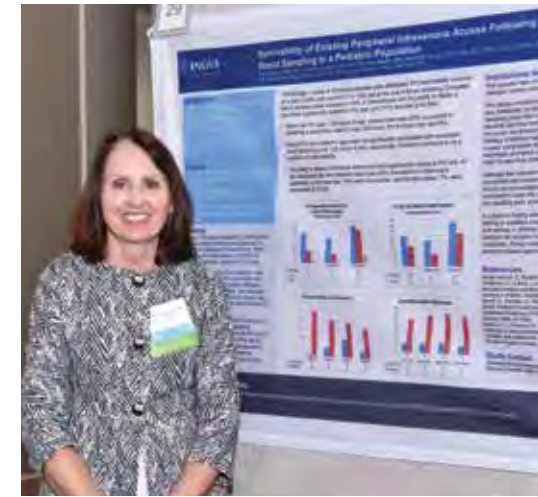
Gina Harrison, MSN, RN, CEN, CPEN

Northern Virginia Emergency Medical Services (EMS) Council's Regional Award for Nurse with Outstanding Contribution to EMS

Johanna Kushan, BSN, CEN

Virginia Nurses Foundation Leadership Excellence Award Nurse Educator Nominee

Lorrie St. Laurent, MSA, BSN, RN, CEN, CCRN, TCRN



Virginia Nurses Foundation Leadership Excellence Award Nurse Research Nominee

Elyssa Wood, PhD, MPH, RN, CEN

Virginia Nurses Foundation Magnet® Award Clinical Nurse Practice Nominee

Amber Wilson, BSN, RN4, CEN, CPEN

Virginia Nurses Foundation Magnet® Award Nominee Advanced Nursing Practice

Amanda Golino, MSN, RN, CCNS, CCRN, RN-BC

Virginia Nurses Foundation Magnet® Award Nominee Clinical Research Nominee

Shereé O'Neil, MSN, RN4, CPN

Virginia Nurses Foundation Magnet® Award Nominee Nursing Education Nominee

Jamiee Robinson, MSN, RN, RNC-OB



Presentations

ABCDEF: A Bundled Approach to Reducing Delirium and ICU Length of Stay in Adult Patients

Toone, K., MSN, RN, CCRN, Judy, E., BSN, RN, RRT, CPFT, RRT-ACCS, RRT-NPS, Gillam, A., MSN, RN, CCRN [Podium and Poster] Inova Research and EBP Symposium, Falls Church, Virginia, November 14, 2017; [Poster and Podium] ILH Innovation Conference, Loudoun, Virginia, October 27, 2017.

Chew, Chew, Chew Peppermint Gum is Good For You

Golino, A., MSN, RN, CCNS, CCRN, RN-BC, Kelly, J., BSN, RN, CMSRN [Podium] ILH Innovation Conference, Loudoun, Virginia, October 27, 2017. [Podium] Inova Research and EBP Symposium, Falls Church, Virginia, November 14, 2017.

Let's Move: Progressive Mobility on the Medical-Surgical Unit (MSU) and Progressive Care Unit (PCU)

Golino, A., MSN, RN, CCNS, CCRN, RN-BC, Kelly, J., BSN, RN, CMSRN [Podium] VCU EBP Symposium, Richmond, Virginia, April 7, 2017; Golino, A., MSN, RN, CCNS, CCRN, RN-BC, [Poster] 13th Annual Spring Into Research at Reston Hospital Center, Reston, Virginia, May 19, 2017; [Poster] AMSN Online Library, June 21, 2017.

Overlooking the Obvious: Barriers to Rapid Fluid Resuscitation

Wilson, A., BSN, RN, CEN; Fitch, T., BSN, RN, CCRN, CPEN; Jaffe, P., Emergency

Department Tech. [Quality Improvement] Inova Nursing Research and Evidence Based Practice Symposium, Falls Church, Virginia, November 14, 2017.

Practice Improvement: Creating a Sensory-Friendly Pediatric Emergency Department

Wood, E., PhD, MPH, RN, CEN, Halverson, A., BS, CCLS, CTP, Harrison, G., MSN, RN, NE-BC, CPEN, CEN, Rosenkranz, A., PhD, RN4, CPEN, CPN, Franzen, N., BSN, RN, CPEN, [Poster] Inova Research and EBP Symposium, Falls Church, Virginia, November 14, 2017; [Poster and Podium] ILH Innovation Conference, Loudoun, Virginia, October 27, 2017. Wood, E., PhD, MPH, RN, CEN, Harrison, G., MSN, RN, NE-BC, CPEN, CEN, [Poster] ENA Conference, St. Louis, Missouri, September 13, 2017.

Seriously Delirious: Reducing Delirium and Empowering Families of ICU Patients

Williams, C., BSN, RN4, RN-BC, CMC, CCRN, Toone, K., MSN, RN, CCRN, Gillam, A., MSN, RN, CCRN, Judy, E., BSN, RN, RT4, [Poster] VHHA Safety Summit, Richmond, Virginia, February 3, 2017; [Podium] ICCH/HARC Conference, Baltimore, Maryland, June 24, 2017.

Surgical Site Infection (SSI) Prevention in Cardiac Implantable Electronic Devices (CIEDs): Empowering the Patients' Role in Post Procedure Outcomes Through Perioperative Skin Preparation

Tesfaye, S., BSN, RN4, CCRN, [Poster]

VHHA Safety Summit, Richmond, Virginia, February 3, 2017.

Survivability of Existing Peripheral Intravenous Access Following Blood Sampling in a Pediatric Population or Pediatric Lab Draws Through an Existing IV

O'Neil, S., MSN, RN4, CPN, [Podium and Poster] Inova Research and EBP Symposium, Falls Church, VA, November 14, 2017; [Poster] Reston Hospital Center, Reston, Virginia, May 1, 2017 (First Place Winner in Research Category); [Podium and Poster] ILH Innovation Conference, Loudoun, Virginia, October 27, 2017; [Poster] VNA Nurse Staffing Summit, Hot Springs, Virginia, November 3-4, 2017.

The Impact of an Active Music Therapy Intervention on Vital Signs, Pain and Anxiety for Adult Patients in the Intensive Care Unit.

Leone, R., MT-BC, Golino, A., MSN, RN, CCNS, CCRN, RN-BC, Davis, TM, PhD, RN, NE-BC, CHTP, Christopher, C., M.Ed., CCC-SLP, Stanger, D., MSN, RN, NE-BC, NEA-BC, Friesen, MA, PhD, RN, CPHQ, VNA Nurse Staffing Summit, Hot Springs, Virginia, November 3-4, 2017; [Poster and Podium] ILH Innovation Conference, Loudoun, Virginia, October 27, 2017; [Poster] Inova Research and EBP Symposium, Falls Church, Virginia, November 14, 2017 (First Place Winner in Research Category).

Video Discharge Instructions in the Spanish Speaking Population

Wood, E., PhD, RN, CEN, Harrison, G.,

MSN, RN, NE-BC, CPEN, CEN, [Poster] ENA Conference, Virginia, March 31, 2017; [Poster and Podium] ILH Innovation Conference Loudoun, Virginia, October 27, 2017; [Poster] 13th Annual Spring Into Research at Reston Hospital Center, Reston Virginia, June 19, 2017; Wood, E., PhD, MPH, RN, CEN, Harrison, G., MSN, RN, NE-BC, CPEN, CEN, Friesen, MA, PhD, RN, CPHQ, McReynolds, S., BSN, RN4, CPEN, Presgrave, K., BSN, RN4, CPEN, Stinson, S., BSN, RN4, CPEN, [Poster] Inova Research and EBP Symposium, Falls Church, Virginia, November 14, 2017.

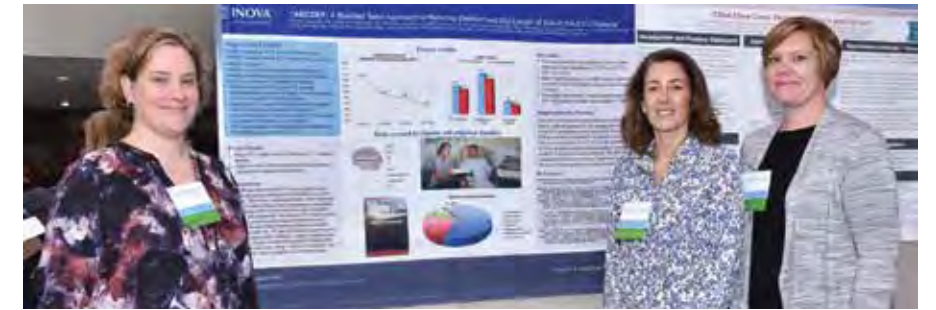
Publications

Wood, E., PhD, MPH, RN, CEN; Harrison, G., MSN, RN, NE-BC, CPEN, CEN; Trickey, A., PhD, MS, CPH; Friesen, MA, PhD, RN, CPHQ; Stinson, S., BSN, RN4, CPEN; Rovelli, E., BSN, RN; McReynolds, S., BSN, RN4, CPEN; Presgrave, K., BSN, RN4, CPEN; (2017) Evidence-Based Practice: Video-Discharge Instructions in the Pediatric Emergency Department. *Journal of Emergency Nursing*. 43(4), 316-21.

New Degrees

Bachelors of Science in Nursing

Rebecca Berry, BSN, RN3, CEN
Maribeth Crooks, BSN, RN
Janice Curbow, BSN, RN3, CCRN
Marisol Escriba, BSN, RN
Jason Farbstein, BSN, RN
Aaron Furman, BSN, RN
Rebecca Golightly, BSN, RN



Brittany Graham, BSN, RN, CCRN, PCCN
Elizabeth Hacker, BSN, RN, RNC-OB
Brenda Harkness, BSN, RN
Karyn Hernandez, BSN, RN
Janice Klein, BSN
Elizabeth McKinnon, BSN, RN3, CEN
Sonia Mehta, BSN, RN
Cynthia Price, BSN, RN-BC
Lovada Proctor, BSN, RN
Cara Radonich, BSN, RN, CWCA
Beverly Russo, BSN, RN
Joshua Sines, BSN, RN4, CCRN
Catriona Timpe, BSN, RN

Doctorate of Nursing Practice

Marjorie Jones, DNP, APRN-FNP

Scholarships

BSN Scholars

Karyn Hernandez, BSN, RN – Inova Nursing Excellence Scholarship
Scott Mueller, ASN, RN – Inova Nursing

Excellence Scholarship
Nana Akosua Prempeh, ASN, RN – Inova Nursing Excellence Scholarship
Dejon Wright, ASN, RN3, CEN, CCRN – Inova Nursing Excellence Scholarship

MSN Scholars

Amanda Gatling, BSN, RN – Inova Nursing Excellence Scholarship
Ryann Musser, BSN, RN4, CCRN – Inova Nursing Excellence Scholarship
Farhan Shaukat, BSN, RN – Inova Nursing Excellence Scholarship
Zhenxia Shuai, BSN, RN4, RN-BC – Inova Nursing Excellence Scholarship
Catherine Williams, BSN, RN4, CCRN, CMC, RN-BC - Inova Nursing Excellence Scholarship
Helina Williams, BSN, RN4, OCN – Inova Nursing Excellence Scholarship
Amber Wilson, BSN, RN4, CEN, CPEN – Inova Nursing Excellence Scholarship

DNP Scholars

Ann Chopivsky, MSN, RN3, CEN – Toups Doctoral Scholarship

Certifications

Cardiac Medicine Certification

Hilary McGrath-Roser, BSN, CMC, CCRN, PCCN

Case Management Certification

Laura Finlayson, ACM-SW

Certified Ambulatory Perianesthesia Nurse

Shawn Lewis, BSN, RN3, CAPA
Michelle Trepal, BSN, CAPA

Certified Emergency Nurse

Meagan Augugliaro, BSN, RN4, CEN
Jayreen Bobitski, BSN, RN4, CEN
Susan Clough, BSN, RN3, CEN
Juliana Faul, BSN, CEN
Ashley Ponce, BSN, RN3, CEN
Elyssa Wood, PhD, CEN

Certified Medical Surgical Registered Nurse

Danielle Bowman, BSN, RN4, CMSRN
Vanessa Hiller, BSN, CMSRN
Alyson Kelly, BSN, CMSRN
Heather Lipscomb, BSN, CMSRN
Christine Lynch, BSN, RN3, CMSRN

Certified Nurse Operating Room

Stephanie Herrera, BSN, CNOR

Certified Pediatric Nurse

Cynthia Perleoni, BSN, CPN
Melissa Wagner, BSN, RN4, CPN

Certified Wound Specialist

Chris Lesando, BSN, CWS, CWOCN

Critical Care Registered Nurse

Brittany Graham, BSN, CCRN, PCCN
Saijal Valecruz, BSN, RN4, CCRN

International Board Certified Lactation Consultant

Brittany Motter, BSN, IBCLC, RNC-MNN

Medical Surgical Nurse Board Certified

Hanna Shebre, BSN, RB-BC

Nurse Executive - Board Certified

Gina Harrison, MSN, NE-BC

Nurse Executive Advanced Board Certified

Debra Stanger, MSN, NEA-BC

Oncology Certified Nurse

Jude Njoku, OCN

Registered Nurse Board Certified Psychiatric/Mental Health

Jaclyn Daugherty, BSN, RN3, RN-BC
Holly Thompson, RN-BC

Stroke Certified Registered Nurse

Carey Vincent, MSN, SCRN

**Registered Nurse 3**

Meagan Augugliaro, BSN, CEN
Rebecca Berry, CEN
Jayreen Bobitski, BSN, CEN
Danielle Bowman, BSN, CMSRN
Jessica Cave, BSN, CEN
Susan Clough, BSN, CEN
Jaclyn Daugherty, BSN, RN-BC
Carrie Ellen Johns, BSN, CEN
Rachel Ellis, BSN, CPAN
Ashley Elmore, BSN, CCRN
Annie Eshun, BSN, CPN
Laura Frazier, BSN, RNC-OB
Antoinette Hart, BSN, PCCN
Anna Haynes, BSN, IBCLC
Mark Leipfert, BSN, CMSRN
Shawn Lewis, BSN, CAPA
Allison Lynch, BSN, CMSRN
Christine Lynch, BSN, CMSRN
Hilary McGrath-Roser, BSN, CCRN, CMC, PCCN

Elaine Pang, BSN, RN-BC

Mita Patel, BSN, RN-BC

Ashley Ponce, BSN, CEN

Adriene Simms, BSN, CCRN

Joshua Sines, BSN, CCRN

James Stephens, BSN, CEN, CPEN

Mildred Tayong, BSN, RN-BC

Serki Tesfaye, BSN, CCRN

Melissa Wagner, BSN, CPN

Helina Williams, BSN, OCN

Saijal Valecruz, BSN, CCRN

Registered Nurse 4

Meagan Augugliaro, BSN, CEN
Genevieve Banville, BSN, RNC-OB
Bailey Bentz, BSN, CMSRN
Jayreen Bobitski, BSN, CEN
Danielle Bowman, BSN, CMSRN
Jessica Cave, BSN, CEN
Rachel Ellis, BSN, CPAN
Karen Hughes, BSN, CCRN
Windy Kana, BSN, CCRN
Dolores Kemp, BSN, CCRN
Jacqueline McDonald, BSN, CCRN, CMC
Hilary McGrath-Roser, BSN, CCRN, CMC, PCCN
Ryann Musser, BSN, CCRN
Joshua Sines, BSN, CCRN
Serki Tesfaye, BSN, CCRN
Melissa Wagner, BSN, CPN
Helina William, BSN, OCN
Amber Wilson, BSN, CEN
Saijal Valecruz, BSN, CCRN

Professional Organization Activities

Wendy Ayers, RN, BSN, ACM - American Case Management Association -
Milliman Care Guidelines - Milliman Care Guidelines Utilization Review Certification

**Inova Mount Vernon Hospital Recognition****Nursing Excellence Awards**

Roselle Anderson, BSN, RN, CRRN – Transformational Leadership/Advancing and Leading the Profession

Joanne Gucciardo, MS, BSN, RNC, NE-BC – New Knowledge, Innovations and Improvements/Education and Mentorship

Meghan Linehan, BSN, RN – Rising Star

Laura McCormack, BSN, RN4, CCRN – Volunteerism and Community Service

Hagar Osei, BSN, RN3 – Clinical Management

Mary Teale, BSN, RN4 – Exemplary Professional Practice/Clinical Nursing

Daisy Awards

Michelle Gaines, BSN, RN
John Lawrence, BSN, RN, SCRN
Ed Crowley, BSN, RN-BC

355 Days Without Falls

Unit 3B

Guardian of Excellence Award

IMVH Emergency Room

Get with the Guidelines Action Registry Treatment of Myocardial Infarctions

IMVH Emergency Room

IMVH Nurse of the Year

Denise Wilson, BSN, RN – Float

IMVH Tech of the Year

William Young, CST – OR

Nurse of the Year Per Unit

Susan Breisch, MSN, RN, RN-BC, CCRN 6A

Heather Buysse, BSN, RN – OBS

Sewite Esayes, ASN, RN – 4A

Selam Hadege, BSN, RN, CRRN – 5A

Joann Howse, BSN, RN – 5C

Aziza Lwabandji, BSN, RN – 3A

Juliette Mara, MSN, RN – 4B

Sarah Naputi, BSN, RN, CRN – 5B

Janel Smith, BSN, RN - SDS/Pre-op/PACU/Endo

Natalie Spence-Askew, BSN, RN – 3B

Justin Sunga, BSN, RN – ED

Ceclie Towler, ASN, RN, CNOR – OR

Jennifer Wall, BSN, RN, CEN – Lorton

Denise Wilson, BSN, RN – Float

Lineth Zurita, BSN, RN – 6B

Recognized in 2017 for CAUTI, CLABSI, and C-diff Infections at the End of 2016

Unit 3B

Unit Star – Exceptional Patient Experience

Unit 3B

VONE Finalist

Zewdensch Bryant, MSN, MS, RN

Presentations

Don't Keep Me Waiting: A Collaborative Initiative to Improve Patient Throughput
Gidwani, K., MPH, MSN, RN; Hampton, S.; BSN, RN, RN-BC [Poster] Inova Research Symposium, Falls Church, Virginia, November 14, 2017.

Goal to Zero Harm Through Teamwork, Communication and Coaching
Miller, R., BSN, JD, RN, Mi-Reka, M., BSN, RN, Wawa, C., BSN, RN-BC, Gucciardo, J., MS, BSN, RNC, NE-BC, NE-BC, [Poster] Inova Research Symposium, Falls Church, Virginia, November 14, 2017.



Improvement to Prevention: A Journey to Becoming a High Reliability Unit Through Zero Harm in Quality and Patient Safety
 Gidwani, K., MPH, MSN, RN; Gaines, M., BSN, RN; Tuazon, A., BSN, RN; Reese, C., RCP, MBA, PhD [Poster] Inova Research Symposium, Falls Church, Virginia, November 14, 2017.

There's No Place Like Home - Discharge Teaching in Acute Rehab is So Much More Than Clicking Your Heels Together Three Times
 Davidson, C., BSN, RN; Sarfo, V., BSN, RN, CBIS; Graf, A., BSN, RN; Owusu, J., BSN, RN, CRRN, NE-BC. [Evidence Based Practice] Inova Research Symposium, Falls Church, Virginia, November 14, 2017

New Degrees

Bachelors of Science in Nursing

Ashley Esquilin, BSN, RN
 Elizavbeth Onyejekwe, BSN, RN
 Rebecca Peavy, BSN, RN
 Kadiatu Richardson, BSN, RN

Masters of Science in Nursing

Jennifer Wall, MSN, RN
FNP
 Alexis Nketiah, MSN, FNP, RN

Scholarships

MSN Scholars

Sherry Gibbemeyer, MSN, RN - Inova Nursing Excellence Scholarship

Certifications

Certified Anticoagulation Care Provider

Margaret Willoughby, BSN, RN3

Certified Brain Injury Specialist (CBIS)

Claire Davidson, BSN, RN
 Alex Graf, BSN, RN
 Prudence Karangwa, BSN, RN
 John Owusu, BSN, RN, NE-BC

Certified Emergency Nurse

Susan Twyman, BSN, RN
 Ashley Webber, BSN, RN3

Certified Medical Interpreter

Guninder Garnica, AD, RN, CCMi
 Anita Rios Soldevilla, BSN, RN, CCMi

Certified Nurse Operating Room

Eunice "Nick" Quebral, RN, BSN

Certified Rehab Registered Nurse (CRRN)

Shivoln Bryson, BSN, RN, CCRN
 Selam Hadege, BSN, RN, CCRN
 Bernadeth Haile, BSN, RN, CCRN
 Tarekegn Kassie, BSN, RN, CCRN
 Zaid Kelib-Kidane, CCRN
 Tigist Mannaye, BSN, RN, CCRN
 Sarah Naputi, BSN, RN, CCRN
 Samuel Osae, BSN, RN, CRRN
 Tracy Scott, BSN, RN, CRRN
 Stephen Wireko, BSN, RN, CCRN

Certified Wound Ostomy Nurse

Leslie Woodward, BSN, RN, CWON

Critical Care Registered Nurse

Alexa Gallagher, BSN, RN3, CCRN
 Stephanie Kendall, BSN, RN, CCRN



Registered Nurse 3

Vida A. Sarfo, BSN, RN, CBIS

Registered Nurse 4

Mary Farmer, BSN, RN4, CEN, CPEN
 Maria Gutierrez, MSN, RN-BC, CRRN
 Malaou Inocencio, BSN, RN

Inova Medical Group and Inova VNA Home Health Recognition

Nursing Excellence Awards

Meagen Arthur, BSN – Exemplary Professional Practice/Clinical Nursing – Inova Medical Group
 Nancy Loeffler, MHA, BSN, ACM, CCM – Transformational Leadership/Advancing and Leading the Profession – Inova Medical Group

Presentations

No Shoes, You Lose
 Goldsmith, M., BSN, Beckett, M.S., MSN, CDE, Inova Research and EBP Symposium, Falls Church, Virginia, November 14, 2017.

New Degrees

PhD

Susan Bennett Smith, PhD, RN, NE-BC – IMG Primary Care



Scholarships

PhD Scholars

Susan Bennett Smith, PhD, RN, NE-BC – Patient Experience Grant Program Series from the Beryl Institute

Certifications

American Case Management Certification

Rachel McLeod, BSN, ACM – Inova Medical Group

Psychiatric and Mental Health Nurse

Sheila Walsh, RN, MS – VNA Home Health



Inova System Office Recognition

Nursing Excellence Awards

Susan Audet, NP - Volunteerism and Community Service – Inova Staffing Solutions

Amanda Costello, AD - Exemplary Professional Practice/Clinical Nursing – Inova Staffing Solutions

Charlie Guy, MSN, RN – New Knowledge, Innovations and Improvements/Education and Mentorship – Epic

Carol Lopez, BSN, RN – Clinical Management – Epic

Finalist Nursing Excellence Informatics Leadership Award – VNF

Carol Lopez, BSN, RN – Epic

Nursing Excellence Award -Informatics Leadership – VNF

Patricia Mook, MSN, RN, NEA-BC, CAHIMS – Epic

Practice Paper of the Year by Taylor and Francis Publishers for Poster Mental Health Wellness and Biofield

Therapies: An Integrative Review Published in Issues in Mental Health Nursing

Diane Swengros, MSN, RN, BC, CHTP – Inova Learning Network
Lucrezia Mangione, MA, NCC, LCPC, CMT, CHTP, CHTI
Joel G. Anderson, PhD, CHTP

Publications

Good V & Kirkwood P editors (2018). Advanced Critical Care Nursing. **Davis TM, PhD, RN, NE-BC, CHTP & Oiff C.** Chapter 9 Acute Respiratory Failure and Acute Lung Injury p169 2nd edition, AACN, Elsevier Inc. St. Louis, Missouri.

Hollander J., **Davis TM, PhD, RN, NE-BC, CHTP**, Doarn C, Goldwater J, Klasko S, Lowery C, Papanagnou D, Rasmussen P, Sites F, Stone D, Carr B. (2017). Recommendations from the first national academic consortium of telehealth. Population Health Management Epub ©Mary Ann Liebert, Inc. doi: 10.1089/pop.2017.0080

Friesen, M.A., PhD, RN, CPHQ; Brady, J. M., DNP, RN, CAPA; Milligan J & Christensen, P., (2017) Findings From a Pilot Study: Bringing Evidence-Based Practice to the Bedside. World Views on Evidence-Based Nursing. 14(1), 22-34.

Mangione, L, Swengros, D., MSN, RN, BC, CHTP, Anderson, J., Mental Health Wellness and Biofield Therapies: An Integrative Review, Issues in Mental Health Nursing, 2017. (Awarded practice paper of the year by Taylor and Francis Publishers.)

Anderson JG, Friesen, M.A., PhD, RN, CPHQ; Swengros, D., MSN, RN, BC, CHTP; Herbst, A., MSN, RN-BC; Mangione, L. (2017)

Examination of the Use of Healing Touch by Registered Nurses in the Acute Care Setting. *Journal of Holistic Nursing. 35(1), 97-107.*

Presentations

All in One Day; Saving a Life Due to Simulation

Marko, E. MD, Patel, N., and Stacks, H., DNP, RN-BC, NEA-BC, CHSE Opening Ceremony “Stories from the Heart”. International Meeting for Simulation in Healthcare, Orlando, Florida, January, 29, 2017.

An Exploration of Portal Activation by Patients in a Healthcare System

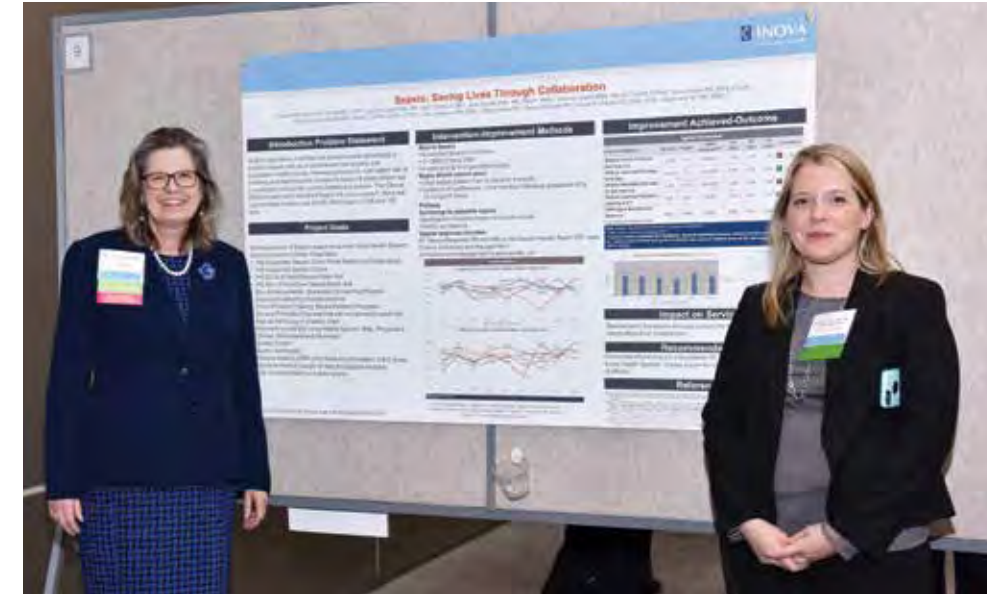
Mook, P., MSN, RN, NEA-BC, CAHIMS; Trickey, A.W., PhD, MS, CPH1; Krakowski, K. E., MSN, RN, CAHIMS, CENP1; Majors, S., MSN, RN, OCN, CAHIMS 1; Friesen, M. A., PhD, RN, CPHQ; Fant, C., PhD, RN-BC2; Theiss, M.A., PhD, RN-CNE, CMCN, JD2; [Poster] 13th Annual Spring into Research Conference. Reston, VA; May 19, 2017.

Don't Wait Until the LAST Minute to Prepare for Local Anesthetic Toxicity

Jones E, MSN, RN, CNOR, AORN [Podium] ASC Executive Roundtable, Denver, Colorado, September 18, 2017.

Effect of Healing Touch on Outcomes in Persons Experiencing Orthopaedic Surgery

Davis TM, PhD, RN, NE-BC, CHTP, Lindgren V, MSN, RN, CNS, CCRN, CCNS, [Podium] 2017 Inova Nursing Research and Evidence Based Practice Symposium. Falls Church, Virginia, November 14, 2017.



Healing Touch: Implications for Nursing Practice

Davis TM, PhD, RN, NE-BC, CHTP, [Podium] Shenandoah University Eleanor Wade Custer School of Nursing Research Conference. Winchester, Virginia, December 1, 2017.

Implementation and Sustainment of a Nursing Evidence-Based Practice Fellows Program

Friesen, M.A., PhD, RN, CPHQ; Brodfuehrer, P., RN-BC, CENP; Milligan, R., PhD, RN, FAAN; Stanger, D., MSN, RN, NE-BC, NEA-BC; Collins, F., MSN, RN, CCRN-K; Gucciardo, J., MS, BSN, RN-BC, NE-BC Boresky, D., DNP, MBA, BSN, RN, NEBC; Makar, E., DNP, RN-BC, CCM, CPHIMS, CENP; Byrns, M., MS, MLS [Poster] VNA 2017 Nurse Staffing Summit. Hot Springs, VA; November 3-4, 2017.

Knock, Knock...Can I Camera In: Why TeleICU Matters

Rincon T, Davis TM, PhD, RN, NE-BC, CHTP, Goran S, Roberts G, Carpenter D., [Podium] American Association of Critical-Care Nurses National Teaching Institute, Houston, Texas, May 23, 2017.

Local Anesthesia Toxicity: A Potential for Cardiac Arrest

Jones E, MSN, RN, CNOR, AORN Exhibit Hall Simulation Writer, Presenter and Facilitator (National Conference), Boston, Massachusetts, April 1-5, 2017.

Nurse Resilience: Leading Disaster Response

Davis TM, PhD, RN, NE-BC, CHTP, TeleICU Booth [Podium] American Association of Critical-Care Nurses, National Teaching Institute, Houston, Texas, May 23, 2017.



Sepsis: Saving Lives Through Collaboration

Davis TM, PhD, RN, NE-BC, CHTP, [Podium] Sepsis Management Update Conference. Inova Health System, Falls Church, Virginia, September 8, 2017.
Davis TM, PhD, RN, NE-BC, CHTP; Corkins, M., RN; Reynolds, D., RN; Holt, A., MD, MBA; Golina, A., MSN, RN-BC, CCRN, CCNS; Lawrence, J., RN; [Poster] Inova Nursing Research and EBP Symposium, Falls Church, Virginia, November 14, 2017.

Teaching the Teachers- A Two-day Simulation Focused TeamSTEPPS Master Training Program for an Interprofessional Team of Hospital Leaders

Stacks, H., DNP, RN-BC, NEA-BC, CHSE, Veal, C., RN, MS, International Nursing Association for Clinical Simulation and Learning Conference, Washington, D.C., June 22, 2017.

TeamSTEPPS®: Integrating Teamwork into Medical Education

Marko, E., MD, Stacks, H., DNP, RN-BC, NEA-BC, CHSE, Semiao, M., Education Grand Rounds, Inova Fairfax Medical Campus, November 1, 2017.

TeleICU Sustainability: Leadership Fundamentals

Davis TM, PhD, RN, NE-BC, CHTP, [Podium] Connect2Care 2017. Hollywood, California, October 18, 2017.

Zapping Sepsis

Davis TM, PhD, RN, NE-BC, CHTP, TeleICU Booth [Podium] American Association of Critical-Care Nurses, National Teaching Institute, Houston, Texas, May 23, 2017.

New Degrees

Masters of Science in Nursing

Sharon Kekoler, RN, MSN – Employee Health

Scholarships

BSN Scholars

Erina DeLeon, RN-BC – Inova Nursing Excellence Scholarship
Regina Armstrong, RN, OCN – Inova Nursing Excellence Scholarship

MSN Scholars

Desiree Rand, BSN, RN – Inova Nursing Excellence Scholarship

DNP Scholars

Kenya Jenkins, MSN, RN – Inova Nursing Excellence Scholarship

Certifications

American Case Management Certification

Elaine Moberley, ACM-RN

Nurse Professional Development

Allison Eustace, MSN, ACNS-BC

Certified Executive in Nursing Practice

Patricia S. Brodfuehrer, MSN, RN-BS, CENP

Professional Organization Activities

Mary Ann Friesen, MA, PhD, RN, CPHQ
Healing Beyond Borders Research Committee
Emily Jones, MSN, RN, CNOR – AORN Simulation Task Force Chairperson
Emily Jones, MSN, RN, CNOR – AORN Periop 101 Advisory Board Member



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